

torreyana

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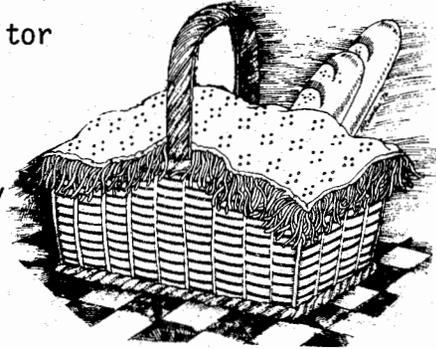
Sunny Rankin, Editor

PICNIC!

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Next Decent Meeting - A Beach Picnic Saturday
July 16th, 9 a.m.

Games! Walks! - Bring your own Brunch!



A short business meeting will precede the picnic on the beach Saturday, the 16th. All docents should meet at the North Beach Parking Lot at 9 a.m. Steve Calder promises to be on hand early enough to reserve the beaches' only fire ring. In case he loses out to earlier birds, some docents should bring stoves if you wish hot dishes! This is basically a social--you may want to spend the entire day. Bring games and be prepared to take beach, lagoon, or reserve walks if you like!! Don't forget suntan lotion and - your own food! Your family is welcome!

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NOTICE TO BOARD OF DIRECTORS

All Board members are urged to be present at a board meeting scheduled for July 27th - 7:30 p.m. - Bob Hopper's.

Help still needed to fill opening in the summer schedule. There was only one no show in June - but five spots where no one was scheduled. Please call Bob Hopper and volunteer your time. 453-2422.

Peggy Haskell visit short but sweet. Our former docent friend from Maine came west for her son's high school graduation and didn't forget us. She greeted old friends at our June meeting.

Who will volunteer to clean the docent lounge floor!!

GENE BARBER'S NOTES

Best wishes to Keith Katano, one of our charter members, who has just graduated from UCSD. He is a biology and communications major, a great combination for a docent, but unfortunately he is leaving the area.

The first group of badges have been received. We will place another order following the July meeting. Please give us \$1.32 by then if you wish a badge.

Associates please note that your check-off lists will expire soon. Please complete them. We need you as full members. We sometimes grant extensions, but you have to sing for them!

For your reading pleasure and edification, we're continuing to stock the docent discount bookshelf. New titles are added frequently. Incidentally, Rowdy James is making a list of titles available to docents for August Torreyanna.

Our DP for June was 8.6%. We filled 43 of 50 time slots.

Who would like to volunteer to help on special group tours occasionally? Indicate your interests, such as scouts, children, senior citizens, nature groups, physically handicapped, non-English speaking, river boat gamblers, debutantes, oriental ping-pong players, etc.

Read any good books lately? I've just discovered the books of Sigurd Olson. He's a long time north woods guide, canoeist, and past president of the National Parks Association and the Wilderness Society. Look for Wilderness Days and Reflections from the North Country in your public library.

Answers to the Questions which you are most likely to be asked are:

- (1) It's the green building across the street.
- (2) We don't have one, you'll have to drink Water.
- (3) Fat Man's Misery will be closed indefinitely.
- (4) Sorry, but you probably won't be lucky enough to see a rattlesnake.



If the old astronomer said: "I have loved the stars too fondly, to be fearful of the night", what would the ole docent say?

Did you hear about the botanist who crossed poison ivy with a four leaf clover and came up with a rash of good luck? (Richard Barkey)

BOOK REVIEW by Jean M. Hawthorne

THE AUDIENCE AND YOU: Practical Dramatics for the Park Interpreter

This 65-page booklet was written by Gordon Hilker, Director of the School of Performing and Visual Arts at U.S. International University specifically for National Park Service employees working in interpretation, but is useful to all in the field. Written from a technical viewpoint on how to improve a presentation by best use of settings, speaking positions, lighting and sound, it contains many useful tips on adding impact to your program whether conducted out-of-doors or on stage. Also discussed are criteria for gauging your audience, use of animals, how appearance can add to or detract from presentation goals, and how to improve and correct diction and speech habits. For a small investment of \$.95, your money is well spent. This booklet just may impart a technique needed to add new ZING to your interpretative programs! Copies are available by writing the Superintendent of Documents, Gov't Printing Office, Washington, D.C. 20402.

Credit "The Interpreter", 7(3):16. Summer 1975

THE 'GETTING READY' CHECKLIST - Points to consider before leading an interpretive activity - by Jean M. Hawthorne

As one becomes more experienced in leading interpretive activities for park visitors, you will probably unconsciously find yourself following a particular procedure in preparing for an activity. If you are a new docent, perhaps you have not had time to consider pre-walk planning in addition to all the other information, techniques, and procedures you've had to assimilate since you began the training program. In either case, experience shows it pays to be organized.

Before each activity, go over this 'getting ready' checklist, answering each question. Hopefully it will help make it easier for you to become more organized, or bring to your attention some points you had not before considered in your pre-walk preparations.

CHECKLIST

1. Do I have a plan of action in mind?
 - a. Theme or activity
 - b. Trail or route selected
 - c. Distance of walk determined
 - d. Time involved
2. With advance knowledge of the type of group I'll be leading (mixed bag, youth group, senior citizen group, etc.), have I customized my presentation according to their needs, wishes, and experiences?
3. Have I pre-walked the route to locate special happenings, i.e. plants in bloom, cocoons hatching, fresh tracks?
4. Am I familiar with recent special events in the part? I.E. deer sightings, best wildflower bloom area.
5. Am I familiar with activities in other local parks or in the city which might be of interest to the visitor?
6. Is my knowledge and research (scientific, historical, etc.) recent and accurate with the latest findings?
7. Are my interpretive tools and aids handy and in good condition?
8. Is my appearance and manner professional?
 - a. Wearing ID tag
 - b. Clothes neat and clean
 - c. Well-groomed
 - d. Nervous habits temporarily repressed
(Nail biting, smoking, beard stroking, etc.)
9. Have I set aside personal concerns and put the visitor's upcoming experience foremost in mind?

Though a "YES" answer to all these questions does not automatically guarantee a successful walk or activity, chances for a memorable experience for everyone involved, both visitor and interpreter, are greatly enhanced if you have prepared yourself by following these guidelines.

SOME HIGHLIGHTS ON THE CLASS OF '77 - by Anne Lutz

Sue Karcher, one of our first graduates, came to San Diego from Wisconsin five years ago, attracted by the chemistry program offered by UCSD. Now studying for her PhD., Sue also is kept busy teaching. Next year she plans a year of post-doctoral work in Seattle and would then like to return to the mid-West to teach in a small liberal-arts college.

When she first came to San Diego Sue was shocked by the aridity of the region. Many of us who come from the East can appreciate Sue's initial impression of San Diego as a lifeless spot. It takes time to appreciate the particular texture spun in the web of life of San Diego.

Last summer, while on a trip to Yosemite with her husband, Sue was very impressed by the presentations of the ranger-naturalists. With this experience in mind, Sue responded to an article on the Torrey Pines Docent Society in the Sierra bulletin.

Another associate, Mike Conolly, is practically a native of San Diego, having lived in Clairemont since he was three years old. Since their arrival here, his family has used Torrey Pines frequently. Mike read about the docent program in the Sentinel and decided to pursue his interest in the park as directly as possible by learning from those who have knowledge to share.

Mike has a degree in physical science from Mesa College. His particular interest is in chemistry. His hobbies are primarily outdoor sports: surfing, free-diving, hiking and back-packing. He also is restoring an unusual old English car, a Standard Vanguard, made for use by the British army in North Africa.

Mary Christenson is a housewife whose husband is in the Navy and is the mother of three teenage boys. The Navy has taken the family to Guam, Hawaii and the east coast. Wherever they have gone, Mary has tried to involve herself with teaching and has also been active in her church and in Navy activities.

The family is hoping that their present tour of duty, now almost over, will be extended. However, if it is not, Mary feels she will be able to apply her experience with the docents to her new surroundings. Interestingly, it has been ten years since Mary became acquainted with the park. Then on another assignment to San Diego, she and the boys delighted in hiking in the park, especially along Fat Man's Misery, now closed.

Mary had never thought of doing any work like docentship, but upon learning about the society felt that she would like to make a contribution. She believes strongly that most urban people are "cemented in" by their surroundings and lifestyle and have forgotten their relationship with the earth. For her the Docent Society is a pleasurable way to share these beautiful surroundings as well as a vehicle to educate the public to the need to be in tune with our natural surroundings.

Ralph A. "Rowdy" James migrated to California in 1926. One of his fun jobs was that of a seaman for a year on the Matson Liner, "Malolo." Rowdy then attended U.C.B. Forestry School from which he graduated in 1934.

In 1969 Rowdy retired from U.S.F.S after working on Plumas, Mendocino, and Klamath Forests as well as serving in the Regional Office as Forest Fire Coordinator for Northern California and later as District Ranger in Forest Fire Management. Rowdy and wife Jo are rock hounds. They are also Square and Round Dancing enthusiasts. Jo serves in the Covey of the San Diego Natural History Museum. They live in Del Mar and love it!

JANE FALVEY ON ELLEN B. SCRIPPS

The following is from the framed biography in the museum and also the San Diego Union obituary of Margaret Hawkins. Many of us will find this a good review of history for our future talks!

Ellen Browning Scripps was born in London on October 18, 1836. Among her ancestors were the philosopher, John Locke, and the introducer of vaccination, Dr. Edward Jenner. Her father, twice a widower, emigrated to America with his 6 surviving children to Rushville, Illinois, in 1844. He married a third wife who bore him 5 children. The youngest was Edward Willis Scripps, almost 18 years younger than Ellen. From childhood Ellen had shown unusual intelligence and character.

After graduating from high school she taught school, saving her money to attend Knox College, from which she graduated in 1859. She resumed teaching until 1866 when she joined her oldest brother James on the Detroit Tribune. In 1873 she joined James who was establishing the Detroit News. Later she joined E. W., as her half-brother Edward Willis was called, on the newly founded Cleveland Penny Press. She introduced to journalism the modern newspaper "feature," writing under the by-line "Miss Ellen's Miscellany."

She continued her simple frugal life, devoting her growing income to personal and public benefactions. Schools, colleges, hospitals, parks, welfare organizations, zoos, museums and research institutions were among her beneficiaries.

In 1890 she and E. W. bought a ranch (Scripps Ranch) at Miramar where she lived until she built a home in La Jolla. In 1900 she bought Torrey Pines Point, and in 1922 built the Lodge which was used as a refectory, and presented them to San Diego.

E. W. Scripps was founder of the newspaper chain and United Press, now United Press International. His son, Robert Payne Scripps was principal stockholder of the Scripps-Howard Newspapers until his death in 1938. There is an Ellen Browning Scripps Foundation administered by members of her family. She died on August 3, 1932.

THE WAY WE WERE - Credit "Outside" Magazine

In the 1960s, anthropologist Ralph Solecki discovered human skeletons dating back to the Neanderthal period in Shanidar Cave in Iraq. The 60,000-year-old bones were interesting enough, but several years later Solecki made a more revealing discovery: flowers. Analysis of the dust from a section of the cave containing the remains of two women, an infant and a man turned up fossil pollen from eight species of flowers. This first evidence of flower burial among the allegedly sub-human and brutish Neanderthals, along with the determination that most of the flowers had medicinal properties, moved Solecki to refer to Neanderthals as "early-day ecologists" who must have known and appreciated their environment.

CALENDAR - by Marcie Thorner

- July 16 Docent picnic on beach.
- July & August Wild Animal Park open nights.
- September 25 Sierra Club beach nature walk for single people led by Pete Yingling. Walk from Scipps to Torrey Pines with tours of tide pools. 283-1314.

MUSEUM OF NATURAL HISTORY

- July 27 - 9:30 p.m. Pre lecture on San Diego's water problems, by Dr. Charles Tike, meteorologist, with Army Corp of Engineers.
- July 30 Day hike with Dick Schwenkmeyer in Punta Banada to investigate tide pools. South of Ensenada. \$7.00 for members; \$10 for non-members plus \$5.00 for driver and insurance. Car pools available.

Museum Films:

- July 16 & 17 The Making of a Natural History Film. Demonstrates the problems and techniques of filming wild life. 53 minutes, color.
- July 30 & 31 The Drifting Continents. Southern California progresses steadily northward. The revolution in geography which is turning the earth sciences upside down. 50 minutes, color.

NOTE: Bus routes 7 and 38 go to the museum.

WAWAHI NO-OTZ--SWINGING SONG

In olden times, long, long ago, the Cheyennes used to make swings of strips of buffalo hide which they would hang from the boughs of trees. Men, women, and children would swing in pairs, standing face to face in the swing, each with his feet braced against those of the other. The onlookers sat around them, and all the people sang while the swings moved to and fro. They sang to the wood-rats, bidding them come; for in those days the Cheyennes used to eat the wood-rats, and they were hard to catch. They called the rats "timbermen," and so they sang:



Come, ye wood-rats, here to me!
Come, ye wood-rats, here to me!
Now the timber-men draw near,
Hither stealing, creeping hither,
Now I hear them, h'm-h'm-h'm!

(Chief Nahios-Si, Cheyenne)

BARBER'S LAWS OF BACKPACKING

1. The integral of the gravitational potential taken around any loop trail you choose to hike always comes out positive.
2. Any stone in your boot always migrates against the pressure gradient to exactly the point of most pressure.
3. The weight of your pack increases in direct proportion to the amount of food you consume from it. If you run out of food, the pack weight goes on increasing anyway.
4. The number of stones in your boot is directly proportional to the number of hours you have been on the trail.
5. The difficulty of finding any given trail marker is directly proportional to the importance of the consequences of failing to find it.
6. The size of each of the stones in your boot is directly proportional to the number of hours you have been on the trail.
7. The remaining distance to your chosen campsite remains constant as twilight approaches.
8. The net weight of your boots is proportional to the cube of the number of hours you have been on the trail.
9. When you arrive at your chosen campsite, it is full.
10. If you take your boots off, you'll never get them back on again.
11. The local density of mosquitos is inversely proportional to your remaining repellent.

Ann Lutz sends us the following list of native plant growers where natives may be purchased wholesale or retail.

Bonner - Jamul - 466-7798
Nelson's Pine Patch - Chula Vista - 422-2400
Lawsons - Jamul
Pecoff Brothers - Escondido - 744-3120 (Wholesale only)

