



TORREYANA

Published for Members of the
Torrey Pines Docent Society

No. 108 June 1984

NEXT DOCENT MEETING: Saturday, June 16, 9 a.m., Visitor Center

Those of you who missed Ranger Hawley's entertaining and informative geology hike last year will have another chance to walk the trails back through the centuries. Come equipped with hiking shoes and enjoy a trip with Randy above the Canyon of the Swifts and over to Razor Point.



No, this isn't one of Hank's groups! The photograph is from the San Diego Natural History Museum Archives and shows a Saturday Torrey Pines Preservation Walk on February 17, 1923. Our thanks to Betsy Sanders, Editor of Environment Southwest, and to the San Diego Natural History Archives.

News and Notes

FULL MEMBERSHIP

We're late in acknowledging that several associate members have achieved full membership status in recent months: Bob and Marge Amann, Margaret Bardwick, Ruth Cheney, Jean Hendley, Nobie Hopper, Janet Humphries, Jo Kiernan, Pam Van Atta, and Bob Wheatley. Congratulations to all of you; we welcome and appreciate your enthusiastic participation in TPDS.

25th ANNIVERSARY A SUCCESS! by Jeanne Vanderhoof

The 25th Anniversary Celebration of the Reserve on May 6, 1984, was a success by everyone's standards. The program was well organized, the speakers were well prepared, and the refreshments were delicious.

The speakers informed the audience of the history of Torrey Pines State Reserve and Extension from several different viewpoints - that of the city, the state, concerned individuals, and organizations. Attendance was good with many Docents and Torrey Pines Association members attending. Of course, we even had our jays attending the event, which necessitated several Docents remaining at the food tables throughout the ceremonies. Everyone thanks you for a job well done.



Judy Schulman is to be commended for all the energy and time she put into making this affair a success. Please refer to Judy's article for other 'THANKS' !

FUTURE DOCENT?

Vice President Judy Carlstrom and husband Tom are proud parents of a beautiful baby girl, their third daughter, born April 29. The tiny future docent attended her first TPDS function on May 6 when Judy brought her to the 25th Anniversary Party. Congratulations, Judy and Tom!

SAN DIEGO DOCENT COUNCIL MEETING

Mary Miller, Millicent Horger, and Isabel Buechler represented TPDS at the annual meeting of the San Diego Docent Council on May 8. The meeting, hosted this year by the Aerospace Museum, was attended by docents from all of the museums in Balboa Park, Old Town State Historic Park, TPSR, Mingei Museum, Scripps Aquarium, Serra Museum, Mission San Diego de Alcala, Children's Museum, and even the Tijuana Cultural Center. Highlight of the session was a curator-led tour of the restoration area. In addition, ideas were exchanged in a workshop session, and docent-led tours of the museum were given. Each group described its activities (Mary spoke for TPSR).

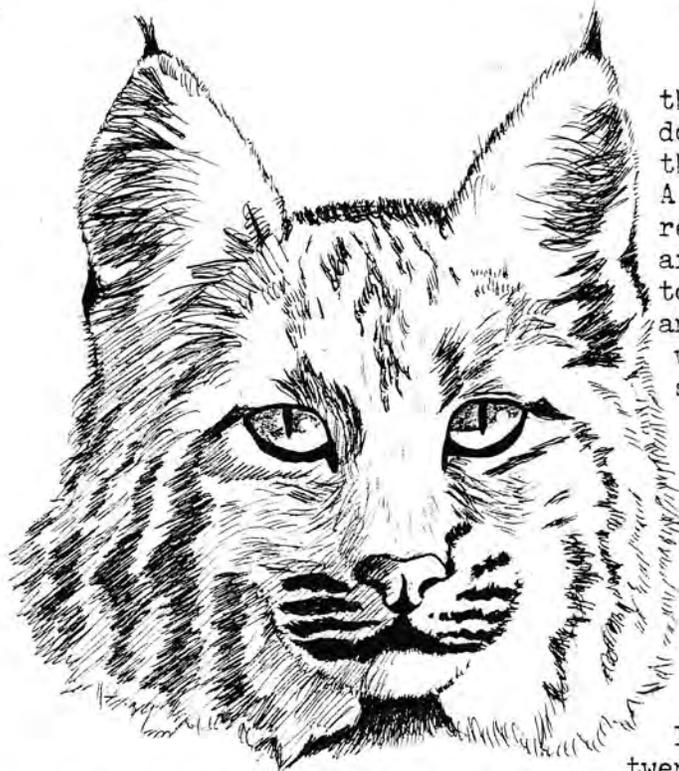
DOCENTS NEEDED ON SUMMER WEEK-DAYS

Don't forget to sign up for summer week-day duties as well as week-ends. We will follow the usual schedule on week-ends: 11 A.M. till 2:00 P.M., 1:00 P.M. till 4:00 P.M., walk at 1:30 P.M. On week-days come from noon till 3:00 P.M., or other afternoon hours (when we have the most visitors) more convenient for you.

ANIMAL TALK

by June Warburton

BOBCAT



If I have learned anything from living on the edge of a canyon, it is that wild animals do not always conform to the descriptions of them in books. Take the bobcat for instance. A noted Zoologist says of them, "Because of a retiring personality and nocturnal habits, they are rarely seen". Obviously he has never been to our canyon, because I have seen them often, and in broad daylight. One afternoon, a bobcat walked by, (within 6 feet of me) while I was standing on our patio. With a total lack of dignity, I nearly tore our screen door apart trying to get into the apartment. As I "exploded" through the door, my startled husband looked up from his magazine and said, "What's wrong with you?" I said, "A BOBCAT JUST WALKED RIGHT PAST ME". He said, "You must be mistaken.....it is probably just a big stray tom cat". Despite my protests, he went outside to prove me wrong. A moment later I heard him say, "IT REALLY IS A BOBCAT"! As I joined him outside, the bobcat was now about twenty feet away. Showing no concern about our

presence, he backed into a small tree, "marked it" as male cats do, and then..... casually strolled down into the canyon.

When you see a bobcat up close, you are immediately impressed by their long legs and large, heavily furred feet. Their basic body color varies from tan to grey with a touch of reddish-brown. The undersides are white, and the whole coat is covered with dark streaks and spots which make them blend into a sun dotted hillside. They get their common name from their bobbed tail which is uncharacteristic of other members of the cat family. Their ears are long with 1 inch black tufts at their tips.

Bobcats weight can vary from 15-40 pounds, depending on age, sex and geographic location. They are strictly loners, with the exception of during the mating season in February when their "love song" pierces the quiet night with what sounds like the blood curdling scream of a woman. In April, 2-3 kits are born, weighing in at 10-12 ounces, and are completely dependent on their mother. Weaned at 2 months of age, the mother brings live rodents to her young so that they can learn how to hunt. The kits remain with their mother until fall, and as winter advances, the kits will scatter to start their solitary existence on a hunting range of their own.

Because they are solitary animals, they have evolved no social order, and, with the exception of a strong mother-young relationship, there is no cooperation between them. Bobcats are strictly carnivorous, and prefer freshly killed meat. Because they cannot consume more than 3-5 pounds of meat at a sitting, they often cover the remainder of the carcass with sticks and grass. Their main food sources are rodents, ground squirrels, rabbits and ground birds. When cornered, bobcats are ferocious and fearless, no matter what size their attacker, so natural predators are few.



PRESIDENT'S MESSAGE by Glenn Dunham

The year is off to a good start. I think the Anniversary Party was a complete success, and the Training Sessions have been well received. We have an excellent group of prospective docents and I was impressed by the wide range of talents that they will be bringing to our group, and by their enthusiasm. We welcome each and every one.

In the mail the boosters of Old Town sent a notice that they are having a 19th century promenade of 1822-1872 period attire as a fund raiser. It is on June 17th at 7:00 p.m. and there will be champagne and hors d' oeuvres. The donation is \$8.50 and reservations are required by June 7th. The notice will be on the bulletin board at the Lodge. We also received some of the raffle tickets which are to be sold for the event. The price is a dollar and first prize is a week-end in San Francisco. If anyone is interested in raffle tickets, please call me. (455-6414)

Frequently I go on outings with other area groups (Canyoneers, Sierra Club, etc.), and I feel other docents may be interested in these activities or have knowledge of some other outings that would be of interest to our group. So I propose that we start exchanging this information in the Torreyana each month. Call me or leave a note at the Lodge with items to be included and/or comments on the viability of this idea.

Speaking of outings, Jeannie and I are scheduled for a Baja mountain back pack and have started climbing Cowles Mountain as training. The Sierra Club has an almost every Wed. evening walk up the mountain. We'll be there, so if anyone else is interested let me know and I'll give the directions.

There will be a Board Meeting after the regular Docent Meeting June 16.

CITY OF POWAY

BRUCE TARZY, Mayor
BOB EMERY, Deputy Mayor
CARL KRUSE, Councilmember
LINDA ORAVEC, Councilmember
MARY SHEPARDSON, Councilmember



May 2, 1984

Mrs. Judy Carlstrom
13609 Ring Road
Poway, CA 92064

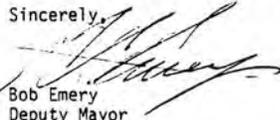
Mrs. Carlstrom:

I was impressed to read of your contributions to our parks and more specifically, Torrey Pines State Reserve. It is indeed gratifying to see that there are citizens who are willing to give of their time to promote and enhance those remaining open lands in Southern California.

It is doubly nice that you are a resident of Poway where we like to place environment ahead of development.

Again, thank you for your contributions to our state parks and please feel free to contact me if I can ever be of service.

Sincerely,


Bob Emery
Deputy Mayor

BE:1f

City Hall Located at 13325 Civic Center Drive
Mailing Address: P.O. Box 785, Poway, California 92064 • (619) 748-6600, (619) 695-1400

A NOTE OF APPRECIATION

Our 25th Anniversary Celebration was a success due to the many people who volunteered their time and effort. Those involved included: from the Torrey Pines Association- Harriet Allen, Margaret Fleming Allen, Sally Spiess & Dr. Tom Whitaker; from the State Park staff- Jim Bittner, Ranger Yvette Devieu, Ranger Randy Hawley, Rick Marks, Hank Nicol, Martha Roan, Sarge Walker and Ranger Bob Wohl; from the Torrey Pines Docent Society- Betty Andrews, Pete & Margaret Bardwick, Bill Brothers, Isabel Buechler, Judy Carlstrom, Ruth Cheney, Glenn Dunham, Ruth Hand, Milli Horger, Janet Humphreys, Joan Jollett, Jo Kiernan, Mary Miller, Elizabeth Nicoloff, Pam Van Atta, Jeanne & Terry Vanderhoof, June Warburton and Jim Whitehead.

Thanks to all!

Judy Schulman

Nice People

Poway woman oversees park's volunteer docents

By Sheryl Smith
The Times-Advocate

POWAY — When Judy Carlstrom moved to Poway two years ago she had no idea she would become as involved as she did as a docent at Torrey Pines State Reserve.

"I thought this was a good chance to escape from family life," says the 33-year old mother of two. (Another child's arrival is anticipated.)

Judy is vice president of the Torrey Pines State Reserve Docent Society. The group was formed in 1977 by concerned citizens willing to help the three full-time rangers and one naturalist who staff the reserve.

More than 60 to 80 docents volunteer six hours a month to the reserve. Some docents volunteer to help in the visitor center with the slide show and gift shop. Others use their gardening skills along the trails and in the visitor center's garden, maintaining the reserve. The remaining docents lead one-hour nature walks along the reserve's trails and help in other ways.

Judy is recruiting docent volunteers for the reserve. Free training sessions are given for five consecutive Saturdays from 9 a.m. until noon. The sessions include lecture and field work on interpretive techniques and the botany, history and anthropology of the state reserve area. The first session began Saturday, April 28, but interested volunteers may still attend the sessions.

"I found the training sessions were much better than any college course I took, with the degree of information given," says Judy, who holds two master's degrees. "It's a real glut of information, taking a couple of months to absorb it all."

The reserve encompasses five miles of state beach and an 877-acre natural area which is home to the Torrey Pine, the second rarest pine tree in the world.

Last year 182,910 people visited the reserve area, while 893,918 enjoyed the state beach.

Judy says her "pay back" for her volunteer



Judy Carlstrom

efforts is the ongoing education she is privy to as a docent. Every month a noted authority speaks to the docents on topics of interest relating to the reserve.

"I'm getting an education in areas I had no appreciation for before," she says.

Judy talks excitedly of the reserve's natural state, an increasing rarity along a coastline now feeling the encroachment of urbanization.

"You can imagine what the coastline was like 500 years ago when the Spanish navigators first saw the shoreline," she says.

"What we concentrate mostly on our walks is the Indians and how they utilized their environment and then how the plants themselves have adapted, and whatever trivia I think will be of general interest to the public."

She says the reserve is home to many wildflowers and rabbits, and an occasional bobcat, fox, mountain lion and deer.

"I think it's a unique place and one of San Diego's best-kept secrets," Judy says. "The reserve is never crowded, and to find a naturally wooded area near the coast is unusual. You can walk along the trails on weekdays and not even see another person," she said.

Those interested in becoming a docent for Torrey Pines State Reserve should call ranger Bob Wohl at 755-2063.

Notes from the Naturalist

THE WORLD IS A GRAIN OF SAND by Hank Nicol

Danny O'Sullivan was the best friend I ever had. He liked to pretend that he was an ignorant, "Poor Orish immigraant" from the bogs. He was really from Dublin and sharp, as only an Irishman can be. He was well, if self, educated. He had roamed the world even more than I had. He told me a story about Paris.

Danny's feet had given out, and he sat down on a park bench. The other end of the bench was occupied by an old man who, it turned out, spoke some English. The Frenchman was very interested in where Danny was from and where he had been. Danny told him about Ireland, England, Egypt, Cypress, and Italy. This was before he had made it to Canada, the United States, Australia, or New Zealand. After a while, Danny asked the old man if he had traveled. The man said that he had lived his whole life in France. He had never been farther than 40 kilometers from Paris. Danny asked him if he wouldn't like to see the rest of the world. The Frenchman said, "Why should I travel? The whole world comes to Paris." He felt that Paris must have about all that was worth having. People like Danny would tell him about the rest.

Sometimes I feel a bit that way about Torrey Pines. I've never been to South Dakota, but if I want to see badlands, all I have to do is walk to Razor Point. I don't have to go to Monterey to see wind-sculpted trees. Torrey Pines is famous for them. Torrey Pines has sculptured rocks too. They can't rival Bryce Canyon, but they're nice. This is no Yosemite, but after a heavy rain we have waterfalls near Flat Rock. I don't have to go to the zoo to see animals. Ours are small, but there are plenty of them. We don't have mountains, but we have a nice hill or two. Torrey Pines has a beach and an ocean. Otherwise we're a bit short on water. People from all over the world come to visit. Just lately I've met visitors from Germany, Switzerland, France, Britain, China, Norway, Iceland, and New Zealand, and four Spanish speaking gentlemen in business suits. I never did figure out where they were from. They all came to see Torrey Pines.

We can't rival the Zoo, Sea World, or the Wild Animal Park. We don't want to. They are all exciting, but they are also synthetic. We are fortunate that Torrey Pines is a mostly natural place. I never did travel as much as my friend Danny O'Sullivan, but I've been around. I may be prejudiced, but I think that Torrey Pines is one of the more interesting places on this planet.

Getting to Know You by Ruth Cheney

The sign on Torrey Pines Road said "Torrey Pines State Park Left Lane." I drove on to Del Mar or Solana Beach or wherever my errands took me. For years I drove on past the sign. For years. And years. And more years.

Then one day my house guests and I headed north on Torrey Pines Road and one of them said when he noted the sign, "Let's turn left and see what's there."

We turned left. We saw what was there. And I've been turning left several times a month ever since!

Secretary's Notes

A Torrey Pines Docent Society meeting was held on May 19 with vice-president Judy Carlstrom presiding. Judy passed out exams to new trainees. These are to be completed and returned at the next meeting.

Judy then introduced our speaker, Richard Carrico. Mr. Carrico is an anthropologist and an investigator for West Tech Environmental Consultants. He spoke on the pre-history of our area, discussing what we really know and what is speculation. His information on the Kumayaay was highlighted by slides and artifacts. The program was beautifully presented and well received.

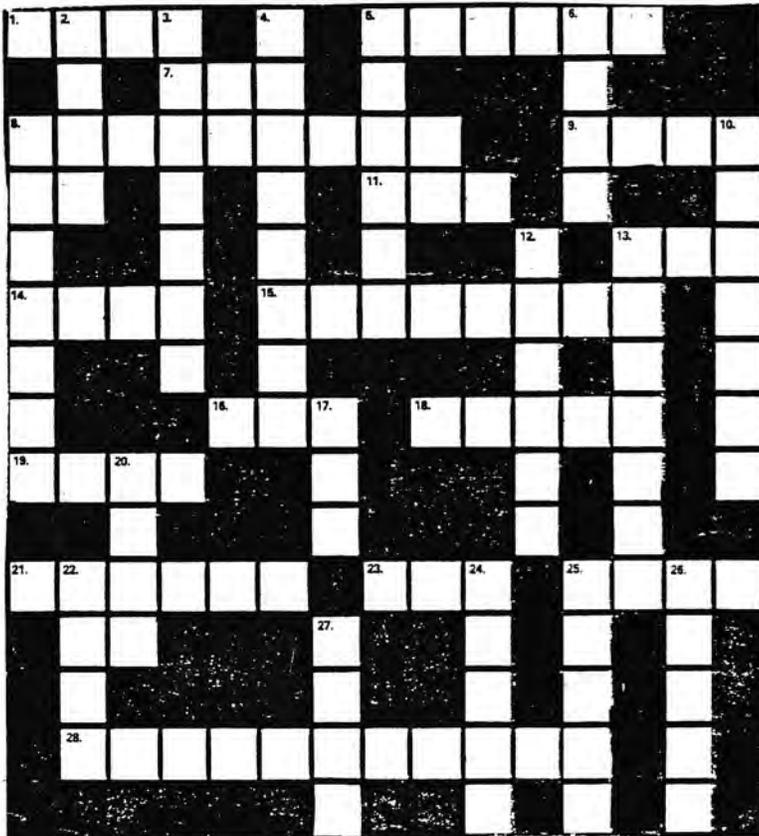
Ruth Hand announced that one docent each weekday will be needed as soon as school is out in mid June, hours 12 noon to 3:00 P.M.

Refreshments following the program were provided by Joan Jollett and Julie Marine.

Respectfully submitted,

Betty Andrews, secretary

Birdwatcher's Crossword Puzzle



ACROSS

1. smaller than a raven
5. family that includes the robin
7. American Ornithological Union
8. to move with the seasons
9. a spring activity; home
11. fairy-tale forest dweller; type of sparrow
13. birdwatching on a sunny day
14. wet habitat
15. small grey bird with pointed crest
16. the sound of an owl
18. _____ blue heron
19. may be a diving bird
21. grey bird without distinctive markings
23. saltwater habitat
25. very small brown bird, bobs a lot
28. fast moving and colorful

DOWN:

2. needed to sustain life
3. songbird, perhaps most numerous in species
4. found searching for insects, walks up and down trees
5. pesticides
6. communication
8. courts in the fall
10. brightly colored western bird
12. broad winged hawks
13. quill pen is made from this hollow structure
17. night hunter, comes in many sizes
20. not a duck, but found in similar places
22. eagles soar here
24. eagles nest here
25. a favorite woodpecker
26. our national bird
27. used for flying

The first person to send in the most correct answers to the bird puzzle (one word is a real stickler!) will win a prize at the next Docent Meeting. Send solutions to: Millicent Horger, 13130 Carousel Lane, Del Mar, CA 92014.

TORREY PINES DOCENT SOCIETY
President: Glenn Dunham
Deadline for Torreyana copy
is the 25th of each month.
Send contributions to:
Isabel Buechler, Editor
3702 Oleander Drive
San Diego, CA 92106
Phone: 222-7016

TWO CATERPILLARS were
crawling across the grass
when a butterfly flew by.
They looked up, and one
nudged the other and said,
"You couldn't get me up in
one of those things for a
million dollars!"

Poetry Corner

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate:
Rough winds do shake the darling buds of
May,
And summer's lease hath all too short a
date.

William Shakespeare



IF YOU TELL A MAN there are 300 billion stars in the universe, he'll believe you. But if you tell him a bench has just been painted, he has to touch it to make sure.

Torrey Pines Docent Society
C/o Torrey Pines State Reserve
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Carlsbad, CA 92008

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