



TORREYANA

*A monthly newsletter for
Torrey Pines State Reserve*

No. 210

June 1993

Next Docent Society Meeting **SATURDAY, JUNE 19, 9:00 A.M.**

The Torrey Pines State Reserve "Green Book" lists more than 120 vertebrate animals in the upland and pines areas--those with which docents are most familiar. Not all these animals are common, but it's enough to keep track of those that are. To help us learn more about our wildlife, Ray West will present a slide show in June entitled, "Let's Get Acquainted with San Diego Wildlife: Birds and Animals." Ray is currently chair of the Education Department of the San Diego Chapter of the Audubon Society and is also on their Board of Governors. Many docents will recall his presentation in October 1990 on behalf of Project Wildlife, with which he was then associated....As usual, the business meeting and refreshments will precede the program.

Docent President's Message from Diana Snodgrass

Dear Fellow Docents: On behalf of all docents, I want to congratulate all those who have completed the training program. It is a real pleasure to have so many enthusiastic new faces in our midst. Joan Nimick, as always, is to be applauded for her time and care in organizing the program. When the trainees achieve docent status, we will have a huge resource to staff the Lodge, lead nature hikes, and participate in our goals of educating the public.

I would like to emphasize the need for Lodge duty to be a top priority when docents plan their required six hours a month of duty. Recently, there have been several occasions when the Lodge has not been attended on weekends. When the ranger staff is on patrol, docents provide a valuable service to the park and the public by being available in the Lodge. Therefore, when planning your month, please ensure that you have signed up for at least one Lodge duty as part of your time. Should you be at the park for another purpose, such as exotic plant removal, and discover that no docent is on duty (for the times assigned on the calendar), please cover the Lodge as needed.

Also, don't do what I did and announce in front of a huge group of people that you plan to do Lodge duty on Sunday and then unwittingly fill in Saturday on the calendar!

Have a great summer. And if you travel, don't forget to send a postcard.

TPA Report: Update on "The Book"

by Elizabeth Nicoloff



Several years ago the Counselors of TPA made the decision to publish a book of photographs of the Reserve with an informative text on its history and character. The pictures should delight the eye and the text should carry the message of the need to protect so unique a place from threats by both man and nature. The project has been gradually taking shape until now it is approaching completion; we expect "The Book" (as yet no title has been chosen) to be ready for sale in early December.

The author/photographer is our own Bill Evarts, who grew up in this area. His photographic work we
(cont'd on p5)



Docent Doings



Docent of the Month

Kathy Watson, overseer of refreshments for all Docent Society meetings including some trainee programs, was named Docent of the Month in May. This is Kathy's second year on the job, which everyone recognizes as a crucial position. Seeing that an adequate supply of calories is on hand to keep docents functioning at their peak, rain or shine, is no easy task. It also means that Kathy misses out on part of each meeting as she attends to the food preparation....Recognition of her service is well deserved.

Car Pool for Meetings

With the influx of more than 40 docent trainees this spring, the parking lot has been packed on meeting Saturdays.



This causes a problem for visitors who

are understandably put out when they arrive at the Reserve for an early morning walk, only to find there's no place to park. Ranger Allyn Kaye has suggested that docents should form car pools to reduce the number of vehicles....So, get out your membership list (new ones are in the making) and look for people who live near you or on your way to the Reserve. It's a good way to form new friendships, too.

New Indian Display

Docents are busy behind the scenes as well as in the Lodge and on the trails. A new display of Indian artifacts, including baskets, was recently put together by Susan Ferguson, with the assistance of June Brickelmaier, Judy Schulman, and Margaret Bardwick. The display is in a glass case next to the miniature Indian village.



Education Committee Meeting

Members of the Docent Society Education Committee are asked to attend a meeting at the Lodge on Tuesday, June 15, at 9:00 A.M.

On the Sick List

Long-time docent Wolfgang Koessler is no longer able to attend Docent Society meetings because of ill health and would no doubt appreciate seeing his old friends or hearing from them. Wolfgang's interest in the Reserve stems from his background in biology, which he taught, along with German, for 30 years in highschool. His teaching career followed his retirement from the Marine Corps, where he served as an aviator with the rank of major. An interesting sidelight: when he attended school in Germany, one of Wolfgang's classmates was England's Prince Philip. Wolfgang and his wife, Hilde, live at 149 10th St., Del Mar 92014 (tel. 481-5480).

Basketry, anyone?

If you'd like to keep your idle fingers busy (and get them a little sore in the process), join a basketry class. Judy Schulman, who has organized several basket-making classes for docents--and in the process has become a prize-winning basket-maker herself--is now taking names of those interested in another class. She points out that men as well as women are welcome. You can call her at 452-7683.

Judy also recommends a new book on basketry: *Native American Basketry of Southern California* (Riverside Museum Press, 1993). It includes some Kumeyaay baskets and is beautifully illustrated. Marc Gittelsohn is ordering it for the docent library.

Plans for Whitaker Garden

Trainee Melanie Martinod has come up with a set of plans for the development and improvement of the Whitaker Garden. She hopes to have plants arranged by family or other common factors for educational purposes. Her current weeding project in the garden continues late Thursday and Friday afternoons.

Docent Bios by Del Roberts



Joy Cooper, duty calendar chair, has had a lifetime love of nature. As a child, she delighted in gathering the wild flowers in the woods behind her house in Des Moines, Iowa. Now, of course, as a two-year docent, she only studies and photographs the species. After graduating with a B.A.

in English Lit from the University of Colorado, Joy returned to Des Moines, where she married and had a son, Chris. Of her many volunteer activities there, her favorite was producing puppet shows for the schools. After her divorce, she and Chris moved to La Jolla, where she had summered with her parents. Here her major interests turned to tennis, interior design, fashion, and gourmet food. (Joy recently retired from Williams Sonoma Grande Cuisine.) Now, with her dogged and persevering Capricorn nature, she struggles to keep the calendar filled. She even conscientiously pinch-hits for sudden vacancies. "I'm perennially concerned about the empty space on the calendar for Lodge duty and guided walks." If a genie would grant Joy one wish, it probably would be a full calendar so she could stop and smell the wild flowers.



June Brickelmaier, treasurer, is a real treasure for the Docent Society. Born and raised in Indiana, she graduated from Earlham College, specializing in science and math. She moved to Washington, D.C., where she joined the CIA and worked in communications following the currency

exchange market. Her husband, George, formerly in the OSS, was a government housing and urban development planner who died in 1977 in Cape Cod. Their family consists of three children and four grandchildren. June, who had lived in La Jolla with her husband before he became ill, enjoyed walks and bike rides through Torrey Pines. When she returned four years ago, she joined the Docent Society. With a free lance background in statistics and cost accounting, she was a natural to be our treasurer. "I like doing my thing and do it very easily." Her first report at our annual meeting was not only informative but very interesting. "People really don't want a dull accounting," she says, "but are always interested in where the money goes." We're in good hands.

SLIDE SHOW TO GO UPSCALE

New slide show equipment for the Lodge was approved by the Docent Society at its May meeting. The equipment will include a dissolve unit which permits blending from one picture into the next. It also promises easy programming so that picture, voice, and background music are all in sync without the difficulties involved in setting up our previous slide shows.

All this, and one button operation to make it easy for untrained operators to present shows to the public. The equipment should be installed shortly (or may be already).

Possibilities for local programs are endless: for example, a brief presentation of the bark beetle infestation, complete with pictures of *ips paraconfusus* and its wandering tracks through the cambium layer, or a history of the park's growth, with pictures of Ellen Browning Scripps and the Lodge in its restaurant phase. Among docent members are no doubt persons with background training in preparing slide shows or with interests in that direction. They are asked to get in touch with Ranger Allyn Kaye, who is in charge of this project. Dick Edwards, regional interpretive specialist, has offered to help train people to prepare slide programs.

The video programs will continue to be offered, but the new slide equipment will make a greater variety of more professional presentations possible.

GRASS IN THE LIBRARY (Library Subject List No. 23) by Marc Gittelsohn

(Grass species are particularly difficult for amateur plant enthusiasts like us to identify. Furthermore, the heavy rains this year have led to a profusion of the pesky *Poaceae* family. Here are the books in the library on grasses, followed by some other titles that have some useful information on *Poaceae* (old name *Gramineae*). Items with an * were added within the past twelve months.)

- *Brown, Lauren, *Grasses; an identification guide* (Houghton Mifflin, 1979). Contains clear line drawings and has a unique keying approach.
- Crampton, Beecher, *Grasses in California* (Univ. of Calif. Press, Calif. Natural History Guide No. 33, 1974). Our most specific grass guide, Crampton has both line drawings and color photographs, but, like all the volumes in this series, the latter are very small.
- United States Department of Agriculture, *Grass, the yearbook of Agriculture*, 1948. Despite its applied agricultural perspective, this publication is replete with information for the naturalist.

In addition, the following works can be helpful. It is surprising how little on the grasses can be found in most of our plant books. Most focus on the wildflowers with showy inflorescences.

- Beauchamp, R. Mitchel, *A flora of San Diego County, California* (Sweetwater River Press, 1986). Grass family: pages 56-72.
- *Faber, Phyllis M., *Common wetland plants of Coastal California; a field guide for the layman* (Pickleweed Press, 1990). Don't forget this one. It has photocopies of actual wetland plants, including shoregrass, saltgrass, and cordgrass.
- *Jepson manual: *higher plants of California*, ed. by James C. Hickman (Univ. of Calif. Press, 1993). Grass family: pages 1218-1303.
- Munz, Philip A., *A flora of Southern California* (Univ. of Calif. Press, 1974). Grass family: pages 934-1007.
- United States Department of Agriculture, *Common weeds of the United States* (Dover, 1971). This has the best line drawings. Grass family: pages 32-90.

Report from the Ranger

TURNING NATURE INTO ART

Having noticed the number of artists and art classes who come to the Reserve for inspiration and subjects for their paintings, Ranger Allyn Kaye has conceived the idea of a juried art show to be held on our premises. Any docents who would like to work on this project should get in touch with her.

WHAT TO DO WITH A WOUNDED BOBCAT (OR OTHER ANIMAL)

A visitor who found a young bobcat with burns and a broken leg following the prescribed burn in the Broken Hills Trail area earlier this year took the animal home and cared for it until it healed. On May 5 he brought it back to the Reserve--and then reported the incident to the rangers' office, including the fact that the kitten had tried to bite him while he attended it. The staff notes that the report should have been made when the animal was found, when they would have contacted Project Wildlife. Caretakers there have the training and facilities to treat injured animals without being harmed themselves. (Docent Sharyl Massey works with Project Wildlife and brought some of their animals with her to the last trainee meeting this year.)

RESOURCE ECOLOGIST ON SITE

Mike Wells, resource ecologist for the San Diego Coast District of the California Department of Parks and Recreation, will be taking up quarters in the Lodge for the next six months. His office will be in the room behind the docents' room, currently occupied by an assortment of exhibit items and storage boxes. He'll be on hand to check the growth of those thousands of pine seeds planted in April.

News and Notes

ON MAKING THE RESERVE A SMOKING-FREE AREA

A proposal from docents Del Roberts and Bob Margulies to make the Reserve a smoking-free facility was presented by Bob at the May meeting of the Docent Society. As Bob noted, the Reserve is being preserved as a pristine wilderness area, and the very idea of smoking being permitted goes against the premise of such preservation. Superintendent Edward Navarro from the San Diego Coast District, who attended the meeting to greet docents, expressed his support for the idea and indicated that he hopes to see it implemented as soon as possible. Docents and staff both cheered the proposal. Later, Supervising Ranger Bob Wohl pointed out, however, that it would be necessary to alter some thousands of recently printed Reserve maps which indicate that smoking is permitted on the Lodge veranda and the beach.



INDIAN FAIR AND SUMMER CLASSES AT MUSEUM OF MAN

The San Diego Museum of Man's tenth annual Indian Fair will be held Saturday, June 12, in Balboa Park. It will feature artists and performers from over 30 tribes indigenous to the Southwest and will include native foods, crafts, dancing, drumming, and singing.

Saturday, July 10, from 9:30 A.M. to 4:00 P.M. Richard Bugbee and Jane Dumas will teach a class on Indian plant uses (\$15 for museum members, \$20 for non-members).

On Saturdays June 26 and July 10, 17, and 24, classes in basketry will be held from 9:30 A.M. to 1:30 P.M. At each lesson participants will complete a basket, including one made from pine needles (\$60 for members, and \$70 for non-members).

For more information, call the museum Monday through Friday at 239-2001.

FIND THAT FLOWER



Docent Isabel Buechler stands by the new flower photo board that bloomed on the Lodge porch in May. Its close-up color photos of 72 currently flowering plants were made possible through the cameras of the following nine talented docents: Eva Armi, Pete Bardwick, Joy Cooper, Wes Farmer, Dorothy Green, Donald Grine, Jeanne Heller, Sharyl Massey, and Diane Sachs. The pictures were collated and labeled with common and Latin names and families by Vice President Joan Nimick.

UPDATE ON "THE BOOK" (cont'd from p. 1)

know from our Torrey Pines postcards, and his renown as an interpreter of nature is rapidly spreading. The publisher is Cachuma Press of Santa Barbara, which last year published the highly praised *Oaks of California*.

While it will be especially appealing to TPA members and docents, all of whom have their own special interests in Torrey Pines, the book will have a far wider appeal--to everyone who loves beautiful presentations of natural beauty. It will be a visual feast and should help build understanding and support among the public at large. It will as well carry the message of the fragility of the ecosystem and show the problems with which its protectors must cope in the face of the increasing urbanization of the area.

THE INDEFATIGABLE BARBARA MOORE ON LEADING CHILDREN'S WALKS by Del Roberts

Barbara Moore, director of Volunteer, Public and Educational Programs at the Chula Vista Nature Interpretive Center, spoke at the May meeting of the Docent Society on how to enjoy a children's walk. Much of her talk could also apply to adults. On her days off, Barbara leads an ever-growing group of nature lovers along San Diego trails mentioned in her book, *Walking San Diego*.



It was a diverse audience. Since the Nature Center volunteers meet on the same day, Barbara brought them along to interchange ideas with the docents and trainees. Although Nature Center programs for school children deal with the wetlands, including such topics as "Meet the Tarantula" and "The Sex Life of Marine Animals," one mutual problem is CONTROL.

"Design a program so that you enjoy the walks," she advises. At the Nature Center, groups are limited to no more than 15. The ideal is five to ten, with a parent chaperon, directed to stay with an assigned group of eight students. Barbara also insists that teachers take a two-hour workshop, given at the Center once month, before bringing their classes. They enjoy a behind-the-scenes tour, while learning about the importance of the wetlands. They can then pre-teach the students and chaperons. By explaining the need to protect the ecology, there's usually no need for negative rules. Praise for good behavior is more effective.

Before setting out on the trail, Barbara suggests previewing the site. (As a supporting members of TPDS, she's familiar with our trails, and ended her lecture with a walk.) "Know which place you're going to stop, and what flowers are blooming." Names are less important to younger children, but they can count the many different yellow flowers or notice the shapes of flowers, learning to sort and classify. According to Barbara, stories capture the children's imaginations, especially Indian tales and plant uses. She also brings along props such as owl pellets, coyote scat, piñon seeds (purchased), and snake skins (discarded).

But most of all, Barbara suggests that you be flexible. Avoid canned talks and give children a chance to observe. "Encourage questions," she says. "No question is stupid. It's all a learning experience." Her final advice is to be loving and caring. "Teach students that ecology is important and that our native animals are valuable." She also recommends prompt action in dispelling any false animal lore such as "coyotes eat children," which she overheard one mother tell her child.

THROUGH A CHILD'S EYE

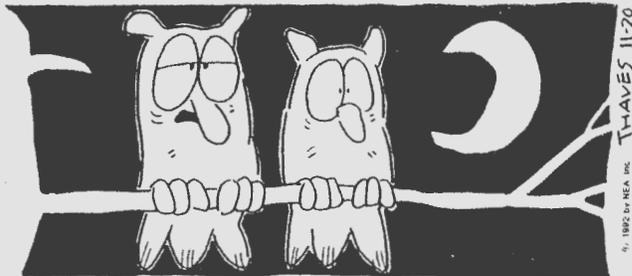
They came in a lovely purple cover decorated with hearts in the corners, scattered green plants, two flying birds and a title: "Thank you, Ms. Joan." The nine letters from members of Mrs. Baza's second grade at Reynolds Elementary School to Joan Nimick were neatly printed and illustrated with crayon drawings. The first one read:

*Thank you for the tour. My favorite parts of it were Elf Forest and when we were on the big cliff. Some day I want to buy a lizard of my own. Sincerely, Breanna Sager.
P. S. You are very nice!*

Other docent leaders of children's school groups have also received thank-you letters. That's just one of the rewards for those who involve themselves in the children's education program. (If you ask these docents, you can judge by their enthusiasm how much they enjoy the walks.) Joan Nimick has invited any interested docents to join her on a walk to observe her methods and the children's reactions.

FRANK & ERNEST by BOB THAVES

DID YOU EVER HAVE
ONE OF THOSE DAYS
WHEN YOU DIDN'T
GIVE A HOOT
ABOUT ANYTHING?



Editor's Corner

The *Torreyana* had a face-lift this month. A little extra computer training made it possible, but whether or not the change was a good idea will be judged by you, the readers. Sometimes a new toy like the computer invites experiments, which may not result in an improved product. I am still uncomfortable with the computer and never sure it will follow my commands (frequently it doesn't). Meanwhile, several docents have made suggestions for changes, among them some for headings (by Theo Tanalski) which have been adopted. As a rank amateur in this hi-tech game, I appreciate getting ideas from those more skilled--even if I may not always be able to follow through on them.

I also want to acknowledge the help of the newsletter staff, who write, proofread, and take care of circulation. I am particularly grateful to Del Roberts, who is generally handling announcements and reports of meetings and livening them up in the process. She has also taken up the "Docent Bios," a worthwhile department which had fallen by the wayside, and given it new zip. John Carson not only researches and writes professionally on various topics but also proofreads and catches typos and errors. Elizabeth Nicoloff does a careful job of writing TPA news and reports (and sometimes other articles--one on plant galls was a classic) and also gets the newsletter to the printer, labels over 300 copies, divides them into postal zones, and takes them to the postoffice. (She appreciates help on this from other docents.) Glenn Dunham does the essential task of printing up the mailing labels on his computer (he's an expert), and keeps them up to date with help from the membership chairs of our two organizations.

And, of course, many other docents contribute articles from time to time. Marc Gittelsohn is a regular, with his helpful library column. Creative illustrations have come from Kathy Watson and Jim Cassell. Relevant material is always welcome, although its inclusion may depend on space available.

As the new trainees become full docents, perhaps there will be some among them who can contribute to the newsletter or take over some of its tasks, including that ultimately of editor. One of the most demanding requirements of this job is to be on tap for several days after the deadline on the 24th of the month to put everything together. Be sure to get in touch with me if you'd like to help out.

The *Torreyana* is issued monthly except for August by the Torrey Pines Docent society, which gratefully acknowledges the assistance of the Torrey Pines Association in its production. **Deadline for contributions is the 24th of each month.** Please send to the editor:

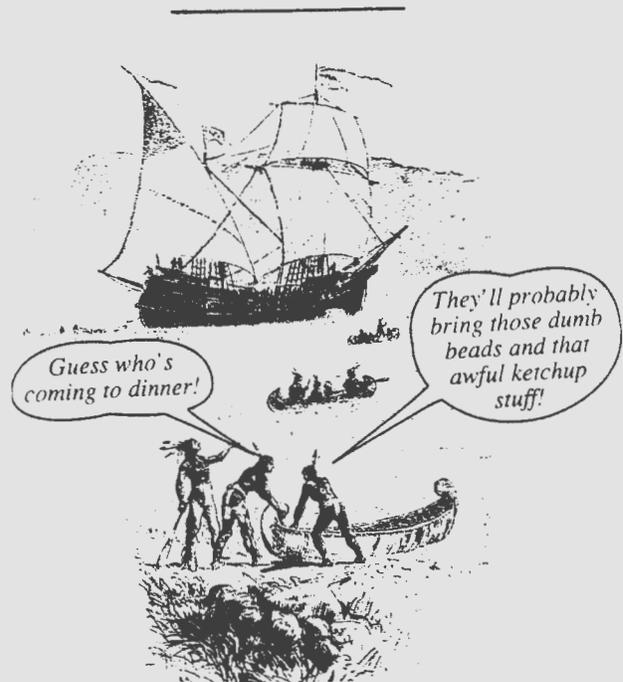
Marion Dixon
2355 Avenida de la Playa
La Jolla, CA 92037

Staff: Glenn Dunham, Elizabeth Nicoloff,
John Carson, Del Roberts

Address changes:

for TPA -- Torrey Pines Association
P.O. Box 345
La Jolla, CA 92038

for TPDS-- Shirley Musser
Membership Chair
336 Glencrest
Solana Beach, CA 92075



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JUNE DUTY CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Duty Chairman—Joy Cooper 259-1299		1 L-Martin	2 L-Miller	3 L-Griebe	4 L-Carson ---	5 L-Estrella L-Moran (T) W-Carson ---
6 L-Parnell W-Weir ---	7 L-Jacobson ---	8 L-Talberts	9 L-Marine	10 L-Estey	11 L-Gittelsohn ---	12 L-Estrella W- ---
L-Weir Ganeless W-Miller	L-Sacks				L- O	L-J.Morrow W-C.Morrow
13 L-Heller W-Cassell ---	14 L-Watson ---	15 L-Martin	16 L-Gittelsohn	17 L-Margulies	18 L- O ---	19 <u>MEETING</u> L-Ganeless W- O ---
L- O Smith (T) W- O	L-Huber				L-Dixon	L-Schulman W-Durham
20 L-Parnell W-Cassell ---	21 L- O ---	22 L-Talberts	23 L-Margulies	24 L-Griebe	25 L-Musser ---	26 L-Clark W-Dixon ---
L- O W-Snodgrass	L-Marine				L- O	L- O W- O
27 L-Heller W-Ferguson ---	28 L-Sacks ---	29 L-Amann	30 L-Musser	LODGE—Fri/Sat/Sun/Mon 10-1 1-4 Tues/Wed/Thurs 11-2 WALKS—Sat/Sun 11-2 1-4		
L-Watson W-Stiegler	L-Huber					



Torrey Pines Docent Society
 c/o Torrey Pines State Reserve
 3990 Old Town Avenue, Suite 300 C
 San Diego, CA 92110

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