



Torreyana

A bimonthly newsletter for
Torrey Pines State Reserve

Issue No. 242, November 1996

Docent Society Meeting

November 16th at 9 a.m.

Speaker still to be selected as *Torreyana* goes to press.

Docents Host League Meeting

—John Carson

On October 18-20 the Docent Society was the host group for the annual meeting of The League of California State Park Non-Profit Organizations (LCSPNO), which was formed 13 years ago to provide a forum for state park volunteer groups. About two thirds of the 88 state park volunteer groups belong to LCSPNO, and over 100 group members and guests from over 30 groups attended this meeting, held at the Doubletree Hotel Del Mar. Cyndy Goodson, a representative from the Humboldt Redwoods Interpretive Association, had a special incentive for attending. She is a daughter of John Fleming, TPA president, and granddaughter of Guy Fleming. Although she grew up elsewhere in California, she regularly visited San Diego and TPSR when young and has a special personal interest in the Reserve. She must have inherited the Fleming affinity for trees, for she majored in forestry in college and now applies this background to her work in the Humboldt organization.

Among the meeting speakers were several from the Department of Parks and Recreation (DPR): Ken Jones, Deputy Director for Park Stewardship (responsible for park field operations); John Mott, program manager for cooperative associations (i.e., park volunteer groups); and Donna Pozzi, supervisor of DPR Interpretive Programs Section and recently promoted to career executive status (which is expected to provide more visibility for interpretation). The banquet speaker was Douglas Wheeler, a member of Gov. Wilson's cabinet and Secretary for Resources, California Resources Agency, which oversees DPR and other state resource organizations. Their talks covered the relationship between DPR and the volunteer groups, the DPR budget outlook, and the role DPR sees for the volunteer organizations. Highlights of the meeting of general interest to docents are summarized below.

Contracts - State park volunteer groups operate under contracts with DPR. Because of extensive variations in past contracts and the need to renew many contracts, a few

years ago DPR prepared a uniform contract format. Unfortunately the wording in the new contract created the impression in many volunteer groups that DPR was restricting interpretive efforts and emphasizing the volunteer role in fund raising. This led to an uncomfortable, almost adversarial atmosphere between DPR and some volunteer groups. These issues now appear to have been resolved, and Ken Jones reported that three quarters of the contracts have either been completed or are near completion (the TPDS contract is in this category); the remaining contracts are expected to be finished soon. There was also a sense from the meeting that both sides will try to work together when the contracts come up for renewal in three years in order to avoid the problems encountered with the present contracts.

DPR View of Volunteers - All the DPR speakers lauded the efforts of park volunteers. Ken Jones noted that gross income of the groups exceeded five million dollars in 1995, with much of the net income being used in support of park objectives. He also reported that visitor surveys were very favorable regarding interpretation, which is a key volunteer activity. Both Jones and Wheeler expressed their thanks for all the work of volunteers, and Wheeler urged volunteers to please continue.

DPR Budget - Along with other state agencies, the park system budget was reduced the last few years. While the DPR speakers felt that the worst cuts were over, they said that parks will have to be operated in creative and innovative ways in the future because of continuing austere budgets. Until seven years ago, park revenues went into the state's general fund. Now the revenues go into a special account used only for park operating funds. Because park revenues are less than expenses, the legislature provides additional funds each year. While there is now thought to be renewed recognition in the state's executive and legislative groups of the value of parks, all state agencies are competing for scarce funds. So DPR has to aim for near self sufficiency within a few years. The tight budget presents a serious challenge because of long deferred problems, e.g., infrastructure repair and replacement costs are estimated at 400 million dollars. It was clear that DPR would appreciate all the help the volunteer groups can give to their parks with fund raising and assistance with park projects.

Interpretation – Donna Pozzi discussed three interpretive projects that are relevant to the Reserve and the docents. First, the years 1996-2000 are designated the California Sesquicentennial. Many parks have a connection with events that occurred from 1846 to 1850, which provides a special opportunity for bringing these events into interpretive programs. As Supervising Ranger Bob Wohl pointed out in his talk on TPSR, Parry provided the first written report of the Torrey pine in 1850, making it his candidate for the "Sesquicentennial Tree." Second, the DPR park interpretive group planned and coordinated preparation of bioregional teacher guides, titled *Coming Home to California*, that provide teachers with information on the natural and cultural history of their region and their state parks. There are six regions for the state, with the guide for Los Angeles bioregion being the first available. The remaining region guides should be available within the next year or so. And third, Program 2000 is a video being developed for use in teaching California history. It will present enactments of state historical events and their relationship to state parks history. As these latter two items become available in local schools, there should be increased opportunities for the docent school interpretive program.



President Emeritus Mary Ellen Young and Ranger Bob Wohl –*photo by Diana Gordon*

LCSPNO Officers - Mary Ellen Young, long-time president of the League, retired and was honored with the new title of president emeritus in recognition of her many contributions. New officers were elected at the meeting and are the following: president - Betsy Strand (Folsom Powerhouse group), vice president - Pat Greenstein (Sonoma group), secretary - Keith Patterson (Mt. Diablo group), and treasurer - Georgette Camporini (Torrey group); Bill Dillinger continues as executive director.

Thanks, Docents and Rangers - Many people helped make the meeting a success. About 20 docents provided assistance with registration, car pools for the Quail Gardens

Periodical Information

Publication Title: *Torreyana*

Issue Date and Number: see front page.

Publication schedule: Bimonthly, except August

Organization: Torrey Pines Docent Society
P. O. Box 2414
Del Mar, CA 92014

trip, walks for attendees in the Reserve, and the Society's hospitality room at the meeting hotel. TPDS president Don Grine and Supervising Ranger Bob Wohl gave well received talks on the docents and the Reserve, respectively, and the ranger staff helped with what amounted to an open house when many attendees visited the Lodge. Special recognition and thanks go to Georgette Camporini for all her time and effort (starting last April) in planning and coordinating the local arrangements; she worked overtime the last few weeks to ensure a successful meeting. Finally, congratulations to Georgette on her election to the position of treasurer for the League, and to Theo Tanalski, who succeeds her as one of the two League representatives from the San Diego region.



Docent Training Class of 1996

–Joan Nimick, Training Officer

To date, six trainees have completed the course and are now wearing their green badges: Shelley Archer, Marty Bressler, Rick Kamen, Joanne Thiale, Suzanne Sedivec and Jeannie Smith. Several others have almost completed their assignments and we hope to have them with us very soon.

Again, I want to encourage the rest of you to complete your assignments so you too will become green badge wearing docents as soon as possible. Completed exams can be left in my mailbox in the docent room. Please call me at 456-0217 if you have any questions, or to let me know your present status.

A reminder for all new docents and trainees – by tradition you are the lucky people who have the fun of decorating the Lodge for our annual Christmas party!

From the Files

–Maryruth Cox, Torrey Pines Associate

In a letter dated February 19, 1976 (found in the Torrey Pines Historical Files), Jack P. Welch, area manager of the San Diego Coast Area, California State Parks, answered a request made by Carol Rypinski, Learning Center teacher at the Del Mar Heights school, Del Mar. She proposed that a teaching trail be made from the school towards the sea through the newly acquired Torrey Pines extension. Jack Welch thought it was a great idea.

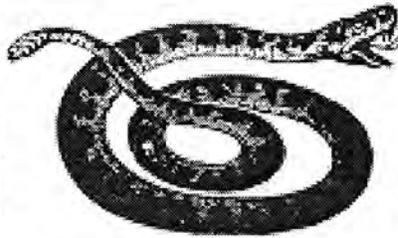
Many people worked together for the next two years to make the trail (now called the "Margaret Fleming Nature Trail A") a reality. Carol Rypinski applied to the "State Personalized License Plate Fund for Environmental Education" for a few thousand dollars to get the project started. This fund comes from fees collected for 'vanity' license plates. Ranger Rich Irwin marked off the trail. It led from the school on the mesa down to a small natural amphitheater, over the red sandstone of the Linda Vista formation through chaparral, and down the white Torrey sandstone to a valley that ends at Del Mar Scenic Parkway.

office so that we can get those locations identified and plotted in our newly emerging computer database:

Selaginela cinerascens (Mesa Club Moss, Ashy Spike-moss); *Muilla clevelandii* (Cleveland's of San Diego Goldenstar); *Artemesia palmeri* (Palmer's or San Diego Sagewort); *Baccharis vannesae* (Encinitas Baccharis: apparently occurs in Neighborhood 8A. Is it in the Reserve?); *Iva hayesiana* (San Diego Marsh- Elder); *Lasthenia glabrata ssp. coulteri* (Coulter's Goldfields); *Corethrogyne filaginifolia var. serpentina* (Snake Cholla); *Aphanisma blitoides* (Aphanisma); *Suaeda esteroa* [*S. californica*] (California Sea Blite); *Dudleya variegata* (San Diego Hasseanthus), *Arctostaphylos glandulosa ssp. crassifolia* (Del Mar Manzanita); *Comarostaphylis diversifolia* (Summer Holly); *Phacelia stellaris* (Douglas' Phacelia); *Abronia maritima* (Red Sand-Verbena); and *Orobanche parishii ssp. brachyloba* (Beach Broom-Rape).

Although extensive, this list is by no means exhaustive. Perhaps I'll add to it in the next *Torreyana*. Thanks again.

Editor's note: Docents **Eva Armi, Claire Brey** and **Jennifer Stone** also participated in the CalEPPC Symposium. They and docents **Vida Fruebis** and **Diana Gordon** gave Symposium participants a tour of weed eradication projects on the Guy Fleming Trail during the October 6th Symposium field trip to the Reserve. Over 35 participants came to observe, and to give advice and encouragement.



San Diego County Trails Conference

—Rick Thompson, Trails Coordinator

On October 5, Ranger Greg Hackett and I represented Torrey Pines State Reserve at the 'first-ever' San Diego County Trails Conference. The conference was held at Stallion Ranch in Descanso which is east of San Diego. With the increase in awareness and commitment to trails, City, County, State and Federal agencies as well as private individuals and organizations participated, with over 125 in attendance. Topics covering locations and quantities of trails in San Diego County, usage, trail funding, a "How to build and maintain trails" seminar, economics, legal considerations, multi-use trails, and the proposed Trans-County Trail were some of the items discussed.

The proposed Trans-County Trail will link Torrey Pines State Reserve (west terminus) with the Anza Borrega Desert State Park (east terminus). This trail will pass through the Los Penasquitos Canyon Preserve, City of Poway, Sycamore Canyon Open Space, San Vicente Reservoir, Oak Oasis Open Space Preserve, Cleveland National Forest, and Cuyamaca Rancho State Park. Getting to know our neighbors and partners in this important east-west linkage provided valuable insight to the goals, problems, and possible solutions that affect us all. This new linkage will increase the opportunities for the public to enjoy even more of the states vast trail system for as short or as long as they desire. Issues concerning "Multi-Use" trails, i.e., hiking, bicycling, equestrian, etc., were also discussed as visitor use continues to increase and change.

I especially want to thank the Docent Society for paying for my attendance at this conference. I hope that what I have learned will benefit us all. If anyone has any questions, please feel free to talk with Greg or me.

New Bird Exhibit in Lodge

—Wes Farmer

In the projection room is a new framed collection of water color illustrations and photographs of birds. Included are their common names, genus, and species – an eye catcher when waiting for the show to begin. Also, I've laminated an ad for the bird list onto the display to catch a quarter or two prior to the visitors' exit from the Reserve. Have a 'look-see.' I hope you like it.

Editor's note: I took a 'look-see' and was impressed with the beautiful paintings of the Peregrine Falcon and the Great Horned Owl. Wes' photos are very useful for easy bird identification. Ranger Bob insisted on hanging this framed collection at eye-level; that is, eye-level if you're three feet tall or sitting in a chair. Actually, after spending several minutes looking at the display, I grudgingly had to agree with Bob's decision. Thanks, Wes, for a beautiful and educational display.

Docent-led School Field Trips

—Barbara Wallach

Dear Docents,

I felt compelled to write you and let you know what a wonderful time we had with you on our field trip last Wednesday. You make Torrey Pines State Reserve come alive for us, and it will be an excursion we will never forget. Your enthusiasm is contagious! Thank you for a memorable experience.

*Sincerely, Luann Engstrom,
Alamosa Park Elementary School, Oceanside*

A great big thank you to the docents who participated in the school field trips program this past month. As always, you are terrific and have been wonderful about signing up well in advance for the walks. Please continue to share little anecdotes, jokes, sightings, and stories with all of us. We become better docents as our repertoire of materials grows. Thank you: Leo Baggerly, Marty Bressler, John Burton, Myrna Burton, Ann Campbell, James R. Cassell, Diana Davis, Wes Farmer, Irving Hansen, Don Grine, Twinx Hauer, Melani Martinod, Joanne Miale, Joan McNally, Shirley Musser, Joan Nimick, Diane 'Macarena' Sachs, Carol Schroeder, Theo Tanalski, Cindy Wollaeger, and the wonderful docents who are doing Lodge duty when the school children descend on them.

San Diego Docent League Meeting

-Barbara Wallach

On Monday, October 21st, a free, fall workshop was held at the Museum of Man for docents and interpreters. Members from twenty-two separate associations were in attendance. Georgette Camporini, Selma Myers, Theo Tanalski, and Barbara Wallach attended from the Torrey Pines Docent Society.

The guest speakers were Susan Bernstein, Education Coordinator at the Museum of Man and Carol Green, a member of Storytellers of San Diego as well as a docent at the Old Globe Theater. The speakers presented information about the various programs at their institutions and also outlined strategies they employ for successful interpretation when working with visitors (both adults and children). Carol Green also delighted the audience with her storytelling ability by sharing an Indian legend with us. Time was available before and after the workshop to socialize with other docents and share problems and successes.

Some suggestions for successful interpretation follow:

1. Know your topic or subject very well. This is crucial.
2. Pre-check sites or locations you will be including on your tour.
3. Develop little stories about events, plants, people, etc., and include them in your presentation.
4. Present a friendly, enthusiastic demeanor. Set the stage right at the very beginning.
5. Dress comfortably and appropriately.
6. Read your audience. Look for signs of boredom, fatigue, etc., and change tactics if necessary.
7. Explain rules and regulations clearly and concisely. Don't bend from them.
8. Insist on appropriate, acceptable behavior from children. Set limits and enforce them.
9. Cheat sheets tucked into the pocket can be very helpful, especially for dates, times, etc.
10. Gear your language to the age level. Don't "put down" their answers.
11. Articulate clearly, make sure you aren't speaking too rapidly, and control the pitch of your voice.
12. Make eye contact, use gestures if you are comfortable with them.
13. Stand straight and tall, but not stiffly, and vary your position and location in front of the group.
14. Use humor and interact with your audience.

League of California State Park Non-Profit Organizations (LCSPNO) Conference

-Georgette Camporini, Conference Chair

Many endeavors are successful through much time, effort and team work. As the 1996 Conference Chair of the League of California State Park Non-Profit Organizations, I would like to acknowledge and thank the following persons for their presence and contributions in accomplishing this goal:

Theo Tanalski for his patience, long hours and tenacity with all the computer work, from flyers to badges, and the creation of a data base for me.

Ranger Bob Wohl, our Cooperating Association Liaison, whose frequent availability and willingness of informational input provided much helpful data.

Our President, Don Grine for his interest, constant support and confidence in me.

The following docent volunteers: June Brickelmaier, Bob and Marge Amann, Marty Bressler, Ann Campbell, John Carson, Jim Cassels, Kathy Estey, Ann Gaarder, Diana Gordon, Jeanne Heller, Don Miller, Molly McConnell, Joan Nimick, Diane Sachs, Bob and Jane Talbert, Jan Taylor and Barbara Wallach.

The Rangers and their staff, especially Chris Platis, Stacey De Jane and Mick Calarco. Joan Harshman and Jan Peet, Boosters of Old Town S.H.P., also contributed time.



League Director Bill Dillinger, Georgette Camporini, and Theo Tanalski -photo by Diana Gordon

Betsy Strand, LCSPNO's president, and Bill Dillinger, the League's Executive Director, much appreciation is extended for the many informational phone calls, correspondence, and patience so willingly given.

Mary Ellen Young, President Emeritus, whose extensive experience, suggestions, communication and assurance paved the road for me. I give much love and respect, and thank you!

Julian Duval, Director of the Quail Botanical Gardens Foundation, who so graciously waived the entrance fee, and provided most competent and informative docents Marge Howard Jones and Dorcus Utter. The Friday afternoon tour was car-pooled from the DoubleTree Hotel to Quail by our Torrey Pines docents and Ranger Bob.

Bill Gross, Director of Conference Services of the hotel Sheraton Grande Torrey Pines. Again (as for the Docent Appreciation Dinner), your staff assisted in producing a delicious hot lunch for the conference attendees after excellent guided walks by Torrey Pines Docents.

Know thy docents

Which docent recently won first place in the second annual Nature & Eye photo contest, sponsored by Quest, the Natural History Museum and Images of Nature gallery? (see page 6)

Know your Counselor

-Elizabeth Nicoloff

With this article we resume our "Know your Counselors" series. We hope that an acquaintance with the background and activities of the elected officials who direct the policies of the Torrey Pines Association will enhance the interest of TPA members in the organization they support with their membership.

John Sewell Shelton

-Opal Trueblood

How did a distinguished geologist wind up as Treasurer of the Torrey Pines Association's Board of Counselors? It is a long story, since John Sewell Shelton was born in 1913, the son of Henry Wood Shelton and Dorothy Camp Shelton. He remembers watching the lines of weekend traffic creep past the Lodge when this was the main highway between Hollywood and Tijuana. Perhaps it was the family picnics together with the Fleming family when the Fleming House was new that gave John his deep concern for the Torrey Pines Reserve, or his explorations of the "Park" before persons were confined to trails that fashioned his appreciation of the physical world.

John graduated from La Jolla High School in 1931, received his BA degree from Pomona College in 1935, and was awarded his Ph.D. in Geology by Yale University in 1947. His career included twelve years with the US Geological Survey, twelve years of teaching geology studies at Yale University and Pomona College, eleven years as Chief Scientific Adviser for the "Earth Sciences" Film Project (a joint effort of the American Geological Institute and the Encyclopedia Britannica Film Corporation), and working as a consulting geologist since 1960 to the present. He is the author of the book *Geology Illustrated*, published in 1966. He is also an ardent tennis player, pilot, and photographer.

John became a member of the Torrey Pines Board of Counselors during the 1970s and has been Treasurer since sometime in the 1980s. He sees the Torrey Pines Association as a major supporter of efforts toward education and preservation of the Reserve. His goal is to "...carry on Miss Ellen Browning Scripps' vision and to work for improved awareness, understanding, and preservation, i.e., an enlightened stewardship of the Reserve."

John has two brothers, Hal Shelton of Golden, Colorado, who is a cartographer and landscape artist, and Robert Hale Shelton of Corona Del Mar, who is City Manager. Among John's major achievements he considers the "...raising of five great children, and the philosophy and approach of helping people to learn about geology." His dedicated service as the unflappable chairman of the book committee which produced *Torrey Pines, Landscape and Legacy* by Bill Evarts is considered a major accomplishment by the Board of Counselors.

Torrey Pines Docent Society Board Nominating Committee

Marion Dixon will Chair, and Twinx Hauer and Joan Smith will assist in finding qualified candidates for the 1997-1998 Board of Directors. Several positions remain to be filled including editor of the *Torreyana*.



Docent Society President Don Grine
-photo by Diana Gordon

Anyone who wants to serve on the Board, or anyone who has a recommendation for any Board position, should contact the nominating committee. -pd

Bye-bye Vida...Hello John!

John Carson was appointed by the current Board to fill the Vice-Presidential vacancy. Welcome!

Answers to 'Know thy Docents...' from page 5
Eva Armi.



Torrey Pines Docent Society Board

President Don Grine
Vice President Vida Fruebis
Program & Activity Director Walt Desmond
Training Officer Joan Nimick
Secretary Kathy Watson
Treasurer June Brickelmaier
Duty Coordinators Ann Campbell
& Elaine Sacks
Pamela Drechsel
Torreyana Editor

Torrey Pines Association Board

President John Fleming
Vice Presidents George Beardsley
Sally Spiess
Bob Coats
John Shelton
Elizabeth Nicoloff

Ranger Staff

Supervising Ranger Bob Wohl
Rangers Greg Hackett
Allyn Kaye
Chris Platis
Jamie King
Mike Wells
Stacey De Jane
Rick Thompson
Melani Martinod
Mick Calarco
Holly O'Meara
David Franks
Acting Resource Ecologist
Resource Ecologist
Park Aides
Parking Enforcement Officer
ESI: Stacie Hathaway, Charlie Kerns

Changes in Address: Torrey Pines Association
P.O. Box 345
La Jolla, CA 92038

Torrey Pines Docent Society
Shirley Musser, Membership Chair
P.O. Box 2414
Del Mar, CA 92014

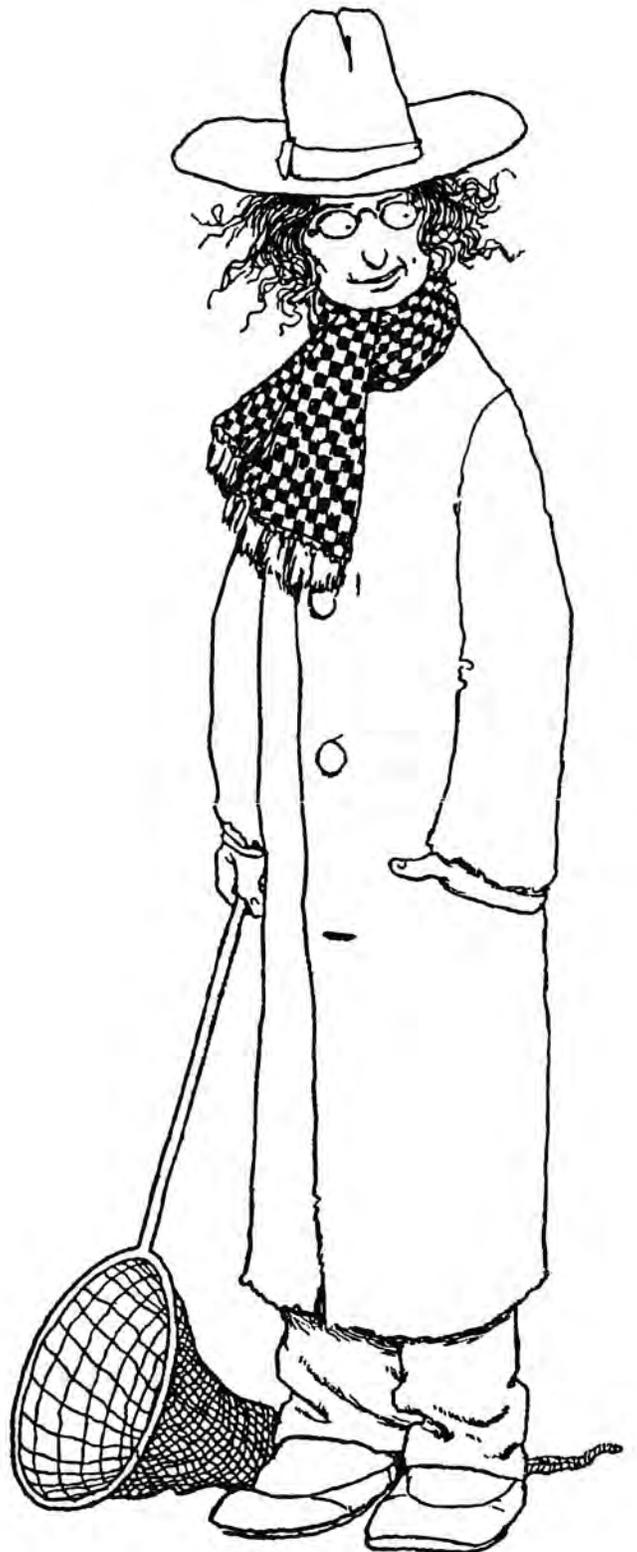
Lodge Telephone: 755-2063

The *Torreyana* is issued by the Torrey Pines Docent Society, which gratefully acknowledges the assistance of the TPA in its production. The *Torreyana* is printed on 100% recycled paper. Deadline for submissions is ten days before the first of the month.

Editor: Pamela Drechsel (272-8270)
e-mail: pdrechsel@opg1.ucsd.edu

(Please note that the figure after 'opg' is a 1 as in 'one'.)

Layout: Jerome Smith
Proofreader: Elizabeth Nicoloff
***Torreyana* Lite:** Glenn Dunham



NOVEMBER DUTY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Duty Coordinator: Elaine Sacks, 551-0708 Hours: Lodge: Daily, 10am-1pm, 1-4pm Walks: Sat, Sun, & Holidays, 11am and 1 pm If you cannot do your duty, please arrange your own substitute.					1 L Davis L Wenman	2 L Robertson W Archer L W Stiegler
3 L Stone W Cassell L Gaarder W D.Miller	4 L R. Miller L Huber	5 L E. Sacks L	6 L E.Sacks L Dixon	7 L D.Miller L Nelles	8 L Rudolph L Gittelsohn	9 L Grain W Marley L Camporini W Tanalski
10 New Moon L Heller W Ferguson L W P.Roberts	11 L R.Miller L Cooper	12 L Talberts L Amanns	13 L Hauer L Schroeder	14 L Clark L Huber	15 L L Vale	16 MEETING L Heller W Brav L Stone W D. Miller
17 L Gaarder W Cassell L P.Roberts W Stiegler	18 L Katz L Shaw	19 L Margulies L Oswalt	20 L Musser L Vale	21 L Clark L Hauer	22 L Hansen L Gittelsohn	23 L Watson W Marley L Camporini W Tanalski
24 Full Moon L Heller W Ferguson L W Dixon	25 L Wenman L Cooper	26 L Talberts L Davis	27 L Hansen L P.Bardwick	28 Thanksgiving L Carson W L W Carson	29 L Rudolph L Oswalt	30 L Wenman W Marley L Camporini W Tanalski

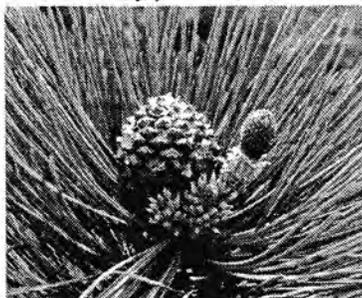
WANT TO FIND OUT about surf conditions, or the weather here, in the desert, or in the mountains?
Call 289-1212 for a free, daily recorded message.

Torrey Pines Docent Society
 P. O. Box 2414
 Del Mar, CA 92014

Non-Profit Org.
 U.S. Postage
PAID
 La Jolla, CA
 Permit No. 1104

For

TORREY PINES



DOCENT SOCIETY

Diana Gordon
 PO Box 375
 Del Mar, CA 92014

Dated Material — Please Deliver Promptly