



# TORREYANA

A NEWSLETTER PUBLISHED  
BY THE TORREY PINES  
DOCENT SOCIETY

Volume 4, Issue 1

January 2003

## The Cave Paintings of Baja California: Discovering the Great Murals of an Unknown People

On January 18, at the first TPDS meeting of the New Year, we will meet Harry Crosby, local explorer, photographer and writer. A new edition of his book *The Cave Paintings of Baja California*, was released in 1997. The flyleaf says, "In the 1970s, teacher and photographer Harry Crosby undertook a systematic search for the largely unknown works hidden in the mountains of Central Baja California. In this quest he was guided by local ranchers and traveled more than a thousand miles of trails while documenting the murals. The scale of the paintings and their sensitive renderings of animals and people are unmatched in the New World. Parallels are often drawn between these and the Paleolithic cave paintings of Europe.... [This book is] a dramatic personal account of discovering and visiting the remote caves and overhangs in Baja California that have sheltered and preserved a veritable treasury of large prehistoric paintings. These Great Murals, created by an unknown people, are not only major cultural artifacts from Baja California's past but also probably the most distinctive trove of rock art in North America. Crosby found and photographed over 200 previously unreported rock shelters painted in the Great Mural style -- he has seen more of this art than anyone alive. In

this volume, Crosby presents his photographs, chronicles his historic discoveries, and offers his unique perspective on the painted sites; he compares and contrasts painting styles (from realistic to abstract) found in different parts of the Great Mural area." Come early and meet this fascinating explorer, photographer and writer. His newest book traces the Baja route of the West's earliest missionary fathers.✠



2002 Training Coordinator, Don Grine, receives a framed "Mat" Torrey pine print from the TPDS Board at the Holiday Potluck. (Left to right) out-going President Georgette Camporini, new TPDS President Jim Bedinger, Grine holding print, and Ranger Gary Olson. The Board presented Camporini with a similar "Mat" print. (Photo by Iris Geist)

The *Torreyana* is published bi-monthly by the Torrey Pines Docent Society. Print copies of this newsletter are mailed to members of the Docent Society, members of Torrey Pines Association, and some elected officials of San Diego City and County, and the city of Del Mar. Contact the Torrey Pines Docent Society at PO Box 2414, Del Mar, CA 92014, or phone (858) 755-2063.

© 2004 Torrey Pines Docent Society  
All rights reserved.

## Notes from the President

Happy NEW YEAR! First and foremost, the Torrey Pines Docent Society starts this year in a stronger and more financially secure position than ever before. Don Orahoad has done an outstanding job of handling our finances and we now are over \$100,000 in assets. Some of this growth is a result of more accurately counting the items in the bookstore inventory and the addition of funds for two of the state campgrounds just to our north. So we still need to pay our dues and attend to best business practices. As a reminder, our dues are only \$10.00 per year, a bargain no matter how you count.

In 2002, we spent over \$44,000 and recorded inflows of over \$45,000. We spent more than \$14,500 for on-going maintenance of the reserve and Lodge, and then supported the Children's Program with another \$3,500. Specifically, we purchased pheromones for the beetle traps and paid for taxidermy repairs and several new items for the museum. We spent over \$4,000 in support of Earth Day when many improvements to the side of the road leading up the hill were made. All in all, we've closed a very successful year and are set to continue the legacy of giving set by those who have come before us.

I am happy to report that the Trails Fund is off to a good start. We received \$1,100.00 in December and have these funds earmarked so that they will only be used for repairs and additions to the trails in Torrey Pines State Reserve. We also have a state of the art DVD video display for public education. Much thanks goes to the Torrey Pines Association who funded much of the work in the room. The instructions for running either the video or slide program are much easier than the system we had a year ago. I'm sure you will all be enthralled with the brightness of the video and clarity of the sound system. I can't imagine a better way to show off the beauty of the reserve.

Another huge thanks goes to Georgette Camporini for two years as our president and many more years as an active docent. She is going to continue to run the library and train another docent in the art (or is it a science?) of running the library. Her devotion and continued service is above and beyond what most of us do in our support for TPSR. Thanks again, Georgette. We recognized docents for ten years service at our December party and one docent (she's 'mentally gifted' and has 'great presence of mind') for 25 years active docent service. Thank you Judy Schulman. (Honorees are listed in the Chronicles.) The Docent of the Year was announced, but Don Orahoad was in the South Pacific. So we will recognize him at our next docent meeting on January 18.

On behalf of your executive committee, we wish you all the happiest of New Years and a huge bundle of thanks for your continued active support as docents. You help to make Torrey Pines "the crown jewel of the Pacific Coast."

*Jim Bedinger*

President, Torrey Pines Docent Society

# A worm story and two

## poems

by Maryruth Cox

Once when I was walking along Torrey Pines beach, I saw a strip of rumpled sand at the edge of the sea, pricked with a thousand pinholes. Why? Curious, I dug into the wet sand and found crimson streaks that wriggled. Upon closer examination they proved to be tiny red worms.

Larry Lovell, manager of the Benthic Invertebrates Collection at the Scripps Institute of Oceanography, identified the little creature as *Euzonus mucronata*, an *Opheliid* worm in the phylum *Annelida*. With his powerful microscope we could see that the worm was segmented, which is characteristic of annelids.

The little worm cavorted in the seawater and sand in the petri dish, waving its sharp-pointed head back and forth, as if searching for something. Sand grains moved slowly inside its clear tube-body. The worm's bright red color was caused by hemoglobin in its blood. *Euzonus* has a large amount of hemoglobin in order to store plenty of oxygen, enough to last during the long periods when the worm is underwater. When the tide runs out, *Euzonus* burrows upward to the surface of the sand and hangs upside-down from the hole, using its rectum as a 'lung' to accumulate oxygen. At this time we notice the spongy sand surface with pinholes. Sometimes there are large holes, testimony that shorebirds have poked around for the worms, an attractive food supply because of their large amount of hemoglobin.

The little red worms feed on organic matter in the sand. They gulp the sand; it moves slowly inside their bodies while the sand is cleansed of bacteria, plankton and other decaying life; and then they thrust the clean sand out onto the beach again. When we walk or run on the sandy beach, thousands of these worms are working the sands under our pounding feet. They are cleaning the beach, just as their cousins the earthworms clean our gardens.

## January

January, January,  
sharp and clear,  
January, January,  
my time of year,

When Jupiter, Saturn, Venus and Mars,  
strung like a necklace between the stars,  
promise with their mirrored light  
an end, an end  
to the dark night.



## Spring-cleaning

The wind shakes the dry needles  
from the pine,  
and rain scours the streets.

The sky is sponged clean  
by passing clouds,  
and spring tides wash the sands  
on the  
beach.

*When I take my morning walk along Red Ridge Trail in the TPSR Extension, I think of Maryruth's sky, "sponged clean" and marvel at the San Bernardino and Laguna Mountains visible to the north and east. If you haven't seen the winter sun rise from this point, you're missing a special treat. After a cleansing rain, the air sparkles and distant mountains emerge from the horizon in stark and astonishingly beautiful relief. LM.*



# Docent Chronicles - January 2003

## January 18<sup>th</sup> 2003 – 9 AM Program and meeting

Harry Crosby, local photographer, author, and historian will address the general membership with fascinating tales of his cave painting research in Baja, California, recorded in his book, *The Cave Paintings of Baja California: Discovering the Great Murals of an Unknown People*. (See cover story for details.) Please arrive on time and remember to park along the Lodge Road south of the restrooms. Carpool, or walk up from the lower lot, if you are able. Bring a re-usable drink container and fruit, pastry or other treat to share with fellow docents at break time.

Mary Knox Weir, Programs Coordinator, has some exciting events planned for us in the New Year, including two field trips. In February, the TPDS will go to the Birch Aquarium as part of a docent exchange program. In another exchange with docents, we will have a docent-led tour the Natural History Museum in March. We will carpool to these locations but details are still fluid. [Watch for details in the February \*Torrey Pinecone\*.](#)

Mary Knox Weir is always looking for interesting speakers and new subjects to keep docent brain cells stimulated and alive. If you have any ideas for future programs, please get in touch with her by e-mail or phone

**Party notes:** Santas dressed in holiday garb, laden with aromatic gifts of pasta, cornbread, quiche, meatballs, sushi, and enough cookies, cakes and pies for an army of good docents, arrived early at the Torrey Pines Lodge to participate in the legendary TPDS Holiday Potluck.

Shortly after 10 AM, Victoria Schaeffer and her helper elves had organized this cornucopia of delicacies and steered hungry docents and TPSR staff into orderly lines. After we'd emptied the salad bowls, scraped up the last of the casseroles, returned to the dessert table for seconds and thirds, and exchanged the latest gossip, Georgette Camporini got our attention by climbing atop a folding chair where she perched precariously for the next 30 minutes, and dispensed lovely awards and gifts for long-term docents. There were ten-year awards for docents; Lilla Clark, Karen Griebe, Richard Lighthall, Donald Miller, Shirley Musser, Charles Robertson, Elaine Sacks, Theo Tanalski, and Mary Knox Weir. (Joe Musser accepted for Shirley -- Clark, Griebe and Robertson were not present.) Judy Schulman, who began her docent training while a student at U.C.S.D., was recognized for 25 years of active docentry, and received a lovely clock. Out-going board members, Camporini, Don Grine and Iris Geist, were thanked for their steadfast service. Grine and Camporini were presented with framed Torrey pine Mat prints. "Docent of the Year" award went to current board treasurer, Don Orahod, who could not be present. He will be feted at the January meeting.

**New DVD program:** TPA counselor David Crawford was on hand that morning to conduct a short in-service for docents who will be operating the new player for visitors to the Reserve. Written instructions are available in the theatre and a remote control will be kept locked in the desk, for use by duty docents, only. TPSR staff have received instructions and will be on hand to assist docents using the new system for the first time. Please ask for help when you check in at the Lodge.



**Jim Bedinger with silk scarf the TPDS Board presented to Georgette Camporini at left. Judy Schulman watches in the background. (Photo by Iris Geist)**

## **The more things change, the more they stay the same...**

*by Judy Schulman*

How true this is when it comes to the plumbing at Torrey Pines! At our November meeting, we were informed that one of the beach area bathrooms "exploded." A park employee was injured when the water pressure built up to an excessive degree. Things were to get even worse. The next day when I came on duty a geyser near the lodge parking lot greeted me. Hmm, I thought, could this be a new undiscovered feature of Torrey Pines. Perhaps we would be able to rival "Old Faithful" at Yellowstone for tourist dollars. Alas, that was not to be. I was informed that one of the water mains had broken. I spent the rest of the day trying to explain to park visitors why the bathrooms and drinking fountain were not working. My but people can get rude. (A portable bathroom was eventually brought in.)

Given the above incidents, I thought this might be the perfect time to share the following letters from the twenties! You see, some things just don't change!

**(Continued on next page)**

### ***Docent Chronicles (continued)***

Judy sent along copies of letters she discovered at the public library. They are dated Feb. 21, 1923 and September 2, 1925, and provide indisputable evidence that plumbing problems at Torrey Pines go back more than 75 years. Language from an architectural firm's letter, dated 1923, describes the condition of the City's pipeline into Torrey Pines quite graphically. "It is unfortunate that the water supply pipe to the Torrey of scale. Also that there are three globe valves in the pipe between the reservoir and the Lodge, each one of which reduces the rate of flow." ❧

### **Message from the TPSR staff...**

Happy New Year!  
As we begin 2003, we have a beautiful new interpretative program to share with our park visitors – the new DVD, *A Legacy of Stewardship*. That title is a bit of a Sirens call for me as the ethic of stewardship is one I hold in high regard and also close to my heart. When we share our love for Torrey Pines with others, we have the opportunity to influence and inspire others to become stewards, themselves. During the next few months we will be recruiting new volunteers to join us at Torrey Pines to help protect and preserve the park, and educate the public. The impact of enthusiastic docents and park staff, who communicate their passion for these pines, leaves an indelible impression on the life of any park visitor. An impression that is so captivating that they become inspired to be part of the park too. So when you have the chance to talk to a park visitor, especially this month, be extra expressive of why you care about this place. Just maybe, they will catch your contagious enthusiasm and choose to join us as stewards at Torrey Pines.

*Allyn Kaye*  
Supervising Ranger

Apparently, the decision at that time was to defer the problem, since a 1925 letter addressed to Guy Fleming, references the unsanitary condition of the "wooden privies located on property at the foot of Torrey Pines Grade..." The letter went on to explain that privies are prohibited in the City of San Diego. Imagine that -- outhouses on our beach! LM

**Special Edition Torreyanas are available at the Lodge:** Full-color reprints of the successful recruiting newsletter are stored in the Docent Room at the Lodge. Please pick up a handful and distribute them



**Ranger Jon Wright and Jennifer**

**Ed Vodrazka**, lifeguard trainee, profiles **new TPSR Ranger Jon Wright:** Jon Wright is the newest addition to the Torrey Pines Ranger team. Jon began his auspicious career with the State Parks after seeing an ad on TV seeking rangers. His first assignment was a short stint at Auburn, followed by five and a half years at Perris Lake State Recreation Area. He spent three years at Chino Hills State Park before coming to the San Diego District in 1989, working at Silver Strand. He jokes that it took him all this time with the department to make it to the most beautiful park in the state of California, Torrey Pines. He is very happy to be here and says he plans on retiring from TPSR. Ed says there are three new ranger trainees, as well. You may have met them at the Holiday Potluck. They are Kevin Best, Katie Kujawa, and Jon Irwin, whose father was a ranger right here at Torrey Pines. ❧

to your friends, neighbors, co-workers and anyone else who has ever exhibited an interest in volunteering at Torrey Pines.

While trying to think of a way to express my New Year's thoughts to all of you, the following poem arrived in my inbox. Barbara Knox is an old friend who lives back east in snow country, but her Winter Solstice description in "Longest Night" could have been composed while strolling along one of our lovely trails in Torrey Pines. I'm happy to share Barbara Knox's lovely poem in this first issue of 2003. *Linda Martin*, Ed.

### *The Longest Night*

*Darkness comes early, inching on her belly  
into bottomlands along the creek.*

*Crouching,  
she climbs slowly, crests the western ridge,  
then stretches tall and lights the stars.*

*She stills hunter's guns,  
signals blaring pickup lights  
to leave the valley silent.*

*A late moon rises through brittle air,  
Moonbeams fracture frost,  
scattering bits of rainbow over fields.*

*Through frigid hours she tends the stars,  
watches each slowly flicker out as at last it  
reaches the other side of night.*

*Dawn comes late, yawning,  
summons the sun eagerly, then  
steals down slopes, nestles in hollows.*

*Thrusting beams through bare branches, sun  
proclaims triumphant resurrection,  
grandly changes rainbowed frost to  
diamonds. Mist, rising luminous from the  
fields, drifts into new day.*

*Barbara Knox. 2002*

## Tidings from TPA

by Ann Gardner

### New watershed citizens committee

**formed:** Freda Reid, former Board member and current TPA member, attended a workshop on the Los Peñasquitos watershed and made sure TPA had a seat on a new Citizens Advisory Committee that may determine how well the Reserve's lagoon and marshlands survive the next century. Jan McMillan, former Board president, will sit on the Committee along with representatives from organizations such as the Sierra Club and Audubon Society, the City of Del Mar, property owners and recreational users. They will review plans for a runoff management program that will likely include coastal storm drain monitoring, control of invasive species, multiple habitat and other resource conservation and wetland recovery. Additionally the watershed planning process will provide another opportunity for gaining support for a diversion project to redirect freshwater runoff away from the saltwater marsh and lagoon, an effort Counselor Bob Warwick has been working on for several years!

The Los Peñasquitos watershed includes an area of about 100 square miles, highly urbanized land mostly

east of I-5 with a population of about 400,000 residents. The Los Peñasquitos Creek discharges into the .6 square mile Reserve lagoon which is identified as "an impaired water body on the California list for sedimentation...a fragile system that supports diverse native fauna and flora." The lagoon is especially sensitive to pollutants due to the restricted or intermittent tidal flushing.

Go to [www.projectcleanwater.com](http://www.projectcleanwater.com) to follow what's happening with the Committee and the draft runoff management plan so critical to the survival of the lagoon and marshland. This Internet site also has information on the January 30-31, 2003 "Basin Plans and Urban Runoff Water Quality in the New Millennium – an Urban Water Institute Program." Or, just stay tuned to the *Torreyana*, your bi-monthly newsletter.

### Tidbits from the November TPA meeting:

The Torrey Pines Association discussed and took action on the Sorrento Valley Road Reuse Project Draft Environmental Impact Report (DEIR) and plans for the Carmel Valley Road Enhancement Project (both projects border the Reserve), at its regular meeting on November 21.

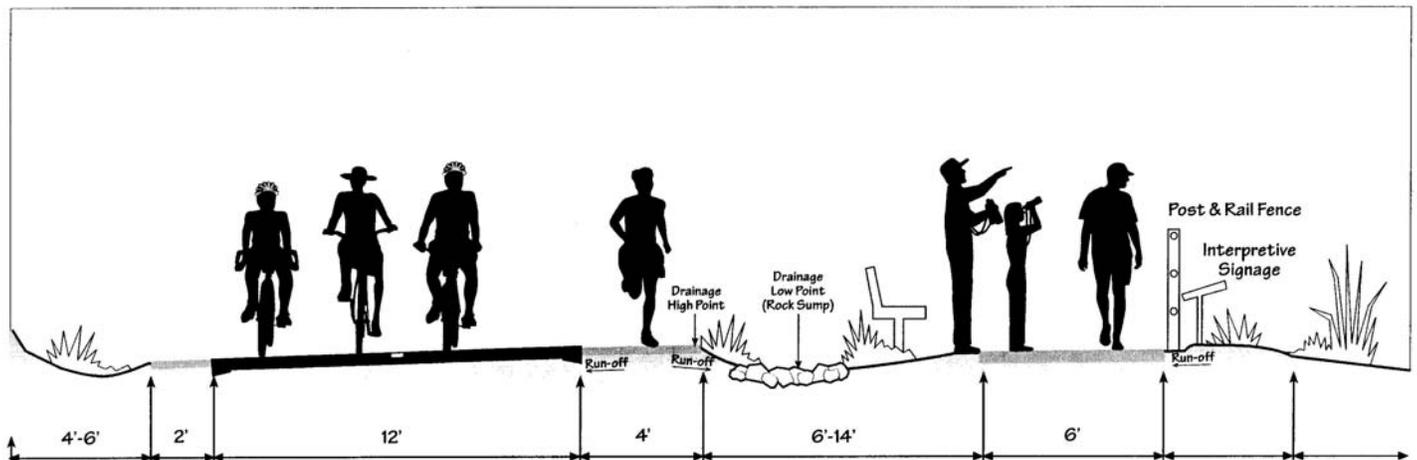
TPA participated in the task force effort to create an optimal

environmental design for this road (now closed to vehicular traffic) and agreed with the DEIR's conclusion that a "Pedestrian Trail/Multi-Use Path Option would result in the least environmental impacts. (See graphic illustration from the Task Force report below.) We added "the selection of this option will help achieve a city worthy of our affection by ...enhancing our precious parklands."

However, the TPA objected to constructing, as noise mitigation from I-5, a permanent six-foot-high wall that would traverse almost three-quarters of the length of the Road section under study. TPA said the wall would obstruct public recreational use and visual access to the marsh, the lagoon and beyond, in addition to restricting wildlife passage.

TPA also reiterated its support for including the two-bridge concept, as presented by the Reuse Task Force, as part of the DEIR. The two bridge concept would allow the Pedestrian Trail/Multi-Use Path to cross the Los Peñasquitos creek with separate paths for slower moving users (pedestrians) and faster moving bicyclists, rather than combining the uses on one bridge. **(Continued on next page)**

## Sorrento Valley Road Re-Use Task Force



**Tidings (continued)**

**Carmel Valley Road project:** TPA is concerned the City of San Diego is moving forward on this project without the promised additional public review, which included TPA, and while “completion” plans are still being finished. Our major concerns are that the project is using Reserve land for parking spaces and that there are plans for lighting along the lagoon, on the south side of Carmel Valley Road. The project area extends from Portofino Drive west to

the Del Mar City Boundary and includes repair of the road, curb and gutter on both sides, completing the sidewalk on the south side from Via Donada to Portofino, no parking on both sides of the road between Via Donada and Portofino, formalizing parking between Via Donada and the Del Mar City boundary where there has been informal parking, and storm water treatment.

In other action, TPA Board members approved funds to produce 1000

copies of the new video production “Legacy of Stewardship” for sale at the Lodge and commended Treasurer Goldberg on a presentation of revenue/expenditure projections for 2003.

The Board will continue to discuss possible additional expenditures at its next regular meeting on Thursday, January 16 beginning at 6:30 p.m. at the Lodge. ❖



**Torrey Pines Docents** did more than eat at their Annual Holiday Potluck, December 14th. Nine long-time docents were awarded for ten years of lodge duty, guided walks, Children’s Program, bookstore sales, and all the other services that enhance a visitor’s experience at Torrey Pines. Pictured above with in-coming and out-going TPDS presidents, left to right, Joe Musser (who accepted for his wife, Shirley); President Jim Bedinger, Mary Knox Weir, Don Grine, 25-year docent Judy Schulman, Theo Tanalski, out-going President Georgette Camporini, and Richard Lighthall. Not shown, Lilla Clark, Karen Griebe, Donald Miller, and Charles Robertson. (Photo by Iris Geist)