



TORREYANA

*A newsletter for
TORREY PINES
STATE NATURAL
RESERVE*

Volume 12, Issue 1

January 2011

DECEMBER CAMARADERIE

by Barbara Krueger

Love of nature, the outdoors and awareness of the need to preserve our natural open space for future generations may have been the motivating factor for becoming a Torrey Pines docent. But, once past the training classes, graduation, selecting the proper sized T-shirt and vest, it becomes quite obvious that the best perk of being a docent is the camaraderie with those of like mind. You can't love TPSNR and be grouchy.

That makes December a glorious month to be a docent! Thirty docents took advantage of a customized visit on December 1st, to the San Diego Archeological Center, and over 120 enjoyed the holiday party at the lodge, on the 12th.

The San Diego Archeological Center (Photo at right.) is just east of the San Diego Wild Animal Park and the San Pasqual Battlefield, and home to archeological finds/artifacts in the County of San Diego. Enjoying its present location for the past five years, it is a museum, teaching center and repository under the direction of the San Diego School District, San Diego City and State Parks. The docents were given a sample of how visiting school groups are introduced to archeology through artifacts (objects modified by humans) and

curation (care, management and identification of the use of artifacts).

We were also introduced to the many governing levels of regulations and laws that control archeological-identified sites. The links between the interests of the Center and those of us involved at TPSNR is strong. Interpretation and teaching are obvious. Their work on Istagua (an archeological site) and other Kumeyaay Indian sites reinforces the bond. We must stay in close communication and learn information and how best to pass it on to visitors from each other.

The happy crowd of more than 120 docents and their guests attended the brief final business meeting of the year, and enjoyed a fabulous potluck holiday party afterwards. Decorations in the Lodge, done by the Docent 2010 graduating class (per tradition) really set the mood. As usual, the food was more than plentiful, delicious and diverse. Does this present a segue into a reminder about the Torrey Pines Reserve cookbook? I would love to see the recipe for the chocolate bundt cake with cherries on top and the 100 year-old eggs! If you loved another dish, this is the opportunity to beg the chef to submit the recipe for inclusion in the book.

Docent General Meeting Saturday, January 8th 9 am

**Location: St Peter's Episcopal
Rec Hall, Del Mar**

Speaker: Lori Hargrove, Postdoctoral Researcher, Department of Birds and Mammals, San Diego Natural History Museum.

Program: Climate Change Impacts on Birds of Southern California
The overview will include examples from around the world and predictions for southern California based upon preliminary results from "The Centennial Resurvey of the San Jacinto Mountains," an ongoing project. The resurvey documents changes in wildlife distribution and abundance in the San Jacinto Mountains over the past 100 years.

Happy Holidays and here's to 2011!

(More photos on p. 3)



The **Torrey Pines Docent Society** publishes the *Torreyana* bi-monthly, edited by Bobbi Krueger. On alternate months, the Society publishes the *Torrey Pinecone*, edited by Lillian Lachicotte. Both publications include the monthly duty calendar, announcements and information concerning membership meetings. Submissions for either publication are due on or about the 20th day of the preceding month and may be submitted to Editors@torreypine.org.

Please send postal/email address changes to:
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Attn: Membership or to

Membership@torreypine.org

Web sites:

TPDS www.torreypine.org

TPA www.torreypines.org

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TPDS Board Members:

President, Ken King

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Dir. of Communications, Lou Adamo

Dir. of Children's Program, Sue Randerson

Dir. of Programs, Catherine MacGregor

Dir. of Training, Janie Killermann

Dirs. of Lodge Hosting, Irene Larrimore & Jan Lombardi

Extra newsletters are available in the Docent Library.

TPSNR Staff:

Supervising Ranger: Dylan Hardenbrook

Rangers: Kyle Knox, Mike Winterton, Lisa Urbach

Sr. Park Aides: Larry Adelson, Diane Greening (Interpreter), Christy Hollingshead, Laura Lowenstein (Volunteer Coordinator), Louis Sands

Park Aides: Kyle Conner, Troy Garcia, Jake Mumma, Vanessa Rivera

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Many thanks to Editor Bobbi Krueger and the docents contributing to this newsletter and to Copy Editors Lillian Lachicotte and Walt Desmond. And thanks to Carolyn Butterfield for mailing and distribution.

Roger Isaacson
Publication Coordinator

Message from the President

For the month named after Janus, the god who was usually depicted as having one face looking toward the past and one looking toward the future, let's reflect on last year and what we can do better in 2011. Twenty-ten (2010) was a successful year overall, thanks to President Rick Vogel, the rest of the leadership and of course ALL of the active docents. Yes, there were a few disappointments (including the failure of Proposition 21), but the successes were many.

Perhaps the best news from last year is that we now have a full complement of rangers. What's especially important is that the four of them comprise an impressive group. Mike Winterton and Kyle Knox, who've been here for a while, were joined this year by Dylan Hardenbrook, our Supervising Ranger, and Lisa Urbach. Welcome, and thanks for helping us protect and preserve this unique place. Another highlight in 2010 was the establishment of the "Art in the Pines" festival. This huge undertaking came off without a hitch and generated thousands of dollars. Our sister organization, the Torrey Pines Association (TPA), assured its success with contributed funds. Many thanks to all the people who worked on that event, and to the TPA. Another highlight was the major (\$33,900) grant we received from the San Diego Women's Foundation. This money will keep our outstanding Children's Program healthy by supporting two of our Senior Park Aides, **Diane Greening** and **Laura Lowenstein**. Once again, we are indebted to Pat Masters and the TPA for making this happen.

Rather than name and thank all our many docents who made special contributions last year, I believe you know who they are and can thank them yourselves! I do want to give special thanks to all docents willing to learn about and use the new POS system this year. The majority of Lodge Hosts find it easy, thanks to the excellent manual created and maintained by **Cecil Hornbeck**, the training program managed by **Steve Rose**, and the continual support of **Nancy Woodworth**, our Museum Shop leader. Thanks to **Bobbi Krueger**, **Lillian Lachicotte**, **Karen Woods**, and **Janice Barnhard**, we're keeping the inventory data current.

As incoming president, I have a number of goals for this year, and will share those more fully as it becomes time. For now, here's a preview: 1) Foster improved communications throughout our organization and between all the members and the State park employees; 2) Make being a docent more FUN by organizing additional social events and field trips; and 3) Create and implement effective ways to impress on all our stakeholders, ranging from State employees to Reserve visitors, the importance of preserving this unique piece of real estate. Ellen Browning Scripps knew this over a century ago, so let's carry on her legacy for another hundred years!

Ken King

President,
Torrey Pines Docent Society

(Cont. from p. 1)

More photos of the Dec 1st field trip by Barbara Krueger.



TPDS General Meeting Notes December 11, 2010

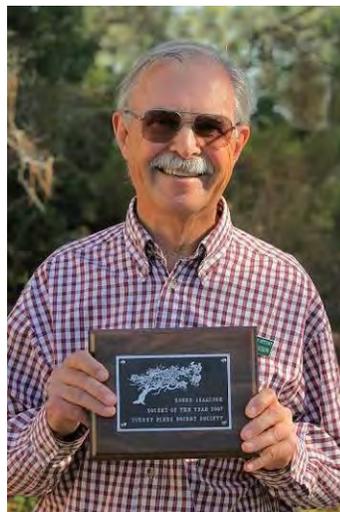
Photos by Herb Knufken

Respectfully submitted by Bill Eckles,
Secretary

At this Holiday Party meeting a good time was had by all. After plates had been filled with food President **Rick Vogel** called the meeting to order at 11:15 am.

- Carol Martin, the volunteer coordinator on the Lagoon Project, said planting and weeding activity will start near Roberto's from 9-12 am on the 1st Saturday of the month.
- Dylan Hardenbrook announced the road in the Reserve would be closed on December 15 for a photo shoot. He has arranged to have money from the shoots paid directly to the Docent Society rather than going through Sacramento. He also negotiated to gain access to footage taken of the Reserve for future video usage.
- It is time to pay docent dues of \$25 per each active member (\$40 for Supporting). Docents must do 72 hours of Reserve service annually and be Live Scanned. If you are light on hours or have not been scanned, please speak with Rick Vogel or Dylan Hardenbrook.

- The Docent of the Year for 2010 is **Roger Isaacson**. This announcement was met with rousing applause as Roger is a valued contributor on many fronts at the Reserve. His attention to detail includes noticing that the plaque indicated it was for the year 2007, but Rick agreed to correct this in the very near future! Thank you, Roger, for many hours of dedicated service. You are valued!



- Lifetime Memberships were awarded to the following: **Jim Bedinger, Gabrielle Ivany, Janie Killermann, Anne Marshall, Denise Sunseri, Nancy Woodworth**
Ten years of continuous active service is admirable. Thanks to all!



Some of the new Lifetime Members: Jim Bedinger, Nancy Woodworth and Janie Killermann

- The new docent board of directors was introduced and stood to receive a resounding welcome. They include the following:
Ken King, President
Barbara McCardle, Vice President
Michael Yang, Treasurer
Bill Eckles, Secretary
Lou Adamo, Communications
Janie Killermann, Training
Catherine MacGregor, Programs
Sue Randerson, Children's Program
Jan Lombardi and Irene Larrimore, Lodge Hosting

Members departing the board include **Ann Williamson, Judy Schulman, Tony Summers and Rick Vogel**. All received thanks for many hours of dedicated service.

The meeting was adjourned, the Lodge was cleaned up and life returned to normal at the Torrey Pines State Natural Reserve.



2011 Board members present, L to R, Catherine MacGregor, Janie Killemann, Lou Adamo, Bill Eckles, Mike Yang, Jan Lombardi, Irene Larrimore, Barbara McCardle, Ken King.
Not shown: Sue Randerson

Children's Program

by Tony Summers, *Outgoing Board Member/Children's Program*

Starting with Jan. 6, 2011 (our first children's walk of the New Year) there are lots of open spaces for volunteering to lead the kids or help with the presentations. We have groups scheduled every Thursday and Friday until the end of May!

On Jan. 7th, we have one of two dates this year for the Ocean, Whales & Dolphins topic; always a fun topic for everyone. The other date will be February 17. This could be a good year for whale watching. A park aide has already sighted a gray whale from the Kiosk, and a sperm whale washed up on our beach in December. (Sea World succeeded in getting him back into the ocean.)

With the New Year, **Sue Randerson** will join the TPDS Board as the Director of Children's Programs. I wish her the greatest success and hope she enjoys the position as much as I did. Many thanks to those that have helped with the program during the past year and especially to **Laura Lowenstein** for her ongoing work.

Since this school year began, several

docents rose to the challenge of giving their first presentation at the benches or helping another docent make a presentation. It's refreshing to hear new docents add their voices to those of the "regulars" as they set the stage for the trail portion of a children's visit. We encourage more docents to join in and experience the fun of leading children on trail while expanding their own knowledge. If you don't feel fully prepared to do intellectual battle with a third grader, come out and join an experienced docent. The online sign-up has a complete list of dates, start times, and topics for each remaining program day. If you are just going along to learn, there's no need to sign up. Just come 15-20 minutes ahead.

Thank you to those who have already signed up to help! By signing up ahead, you're not stuck on that date if something comes up. If it's more than a week ahead, go online again and remove your name. An automatic email lets the coordinators know. Also, other docents looking online will then know the time is available. If you have to cancel the week of the program, please go online to remove your name and then give Laura a call or email her to let her know. (See the Roster). That way she can try to fill that spot immediately.

Docent Doings

Jan. 6, First Children's Program of the New Year.

Jan. 8, 9 am- General Meeting

Jan. 29, 10 am- Interpretive Trail Patrol training.

Late Feb., 9 am Sat. Docent training begins

May 15, Second Annual Art in the Pines Festival

Mondays, 8:30-10 am- Weeders

Tuesdays, 8:30-noon- Seabees

Send future event info to editors@torreypine.org.

If you run into a problem the evening before or morning of a program, please call Laura at her home phone number by 8 am.

Trail Patrol Training

by Mike Pisor

The 2011 Interpretive Trail Patrol training is scheduled for January 29, 2011 at 10:00 a.m. with the Ranger's presentation. This training is open to all active docents who meet the following initial requirements.

1. Notify Mike Pisor by email of your interest (see Docent Roster)
2. Complete an open book quiz from the Interpretive Trail Patrol Handbook.
3. Memorize all the trail names of the main Reserve and the Extension.
4. Complete an orientation walk with a trained Interpretive Trail Patrol member.

Upon meeting the criteria, applicants will be admitted to the January 29, 2011 class and will receive further instructions from Mike Pisor. Further information will then be sent to those on the established class list. □

Please, don't forget to sign up for Lodge hosting. IF YOU HAVE TO CANCEL, PLEASE FIND A SUBSTITUTE OR INFORM Jan Lombardi or Irene Larrimore. See p. 8 for Calendar and Lodge phone number.

Docent Membership Renewals: Dues, Service Hours, and Parking Passes

by Carol V. Smith, Membership Chair

Dues for 2011 are payable in January 2011.

Active Members (At least 72 logged hours in 2010): \$25.

Supporting Members: \$40

Life Members: No dues, but an annual contribution of \$25 or \$40 is welcome

Note: Changing from Active to Supporting membership requires at least 2 years of prior Active membership, completing the required 72 hours of service for both years.

Payment:

Payment is due by the January Docent Meeting on January 8. Bring it then.

OR: Leave your check in the Treasurer's Mailbox in the Docent Library at the Lodge

OR: Mail your check to
Torrey Pines Docent Society,
Attn: Treasurer
P.O. Box 2414
Del Mar, CA 92014

OR: Pay via PalPal to
Treasurer@torreypine.org. Save a stamp and a trip!

2010 Volunteer Hours:

Please update hours in the docent tracking system as soon as possible. We need the final count by early January for:

Annual membership report to the TPDS Board

TPSNR Annual Report to the state, giving Reserve and Docent Society credit for all the work we do!

Preparation of local and statewide park admission passes for docents with 100 or 200 hours of service.

Lifetime and Supporting members, please note:

Although there are no required hours to maintain your membership, reporting your hours is important for the state volunteer-hours report and for free admission passes to other state parks.

Parking Passes:

Parking passes are issued by the TPSNR Staff, based on current membership status and meeting requirements, including:

Dues payment, service hours (if needed), VSA (Volunteer Service Agreement), and LiveScan.

When you have met all these, you can obtain your parking pass from TPSNR staff either at the January 8 general meeting or at the staff desk at the Lodge. □

HisTorrey: A thru Z; The letter V (Roman Vishniac)

by Judy Schulman

One thing that I have learned from being a docent is that if you wait long enough the answers to questions will eventually come to you. I have been a docent for many years so obviously I must be a very patient person. And that is how I finally came to know who Roman Vishniac (1897-1990) was. Being the nice person I am, I am not going to make you wait.

Years ago I was given a photo (dated Aug '69) of a man standing behind the lodge and was told that he was a

Russian scientist who had come here in the 1960s to study the park. No one seemed to remember the name. I put the photo in a file with other items I hoped to research someday. Fast-forward about 25 years (okay so that's not so fast). I was then given several envelopes full of old photos from circa 1950s-1960s. When I catalogued the photos, there were just a few pictures of any given topic. But there were 35 photos of one gentleman. Obviously this was a person of great importance. Fortunately THESE photos had names and dates on them.

Some of you might recognize his name as a pioneer in time-lapse cinematography, light interruption photography, and the color photography of living organisms. In the 1960s he was the project director and filmmaker for the "Living Biology" film series sponsored by the National Science Foundation. He was also known for his photographs documenting Jewish communities in Central and Western Europe before the Holocaust. As a scientist he was known for work in marine biology, the physiology of ciliates, and the circulation systems of unicellular plants. *Building Blocks of Life* (1971) featured his color microphotographs of proteins, vitamins and hormones. (Cont. on p. 6)



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(Cont. from p. 5)

Vishniac was at Torrey Pines to help promote acquisition of the Extension lands. He did interviews with local newspapers and television, gave nature walks with dignitaries, and lectured about the park. I found a number of sources for his biography, but none answered the question as to how he became interested in our park. I am going to make the assumption he had come to know of the park through his daughter Mara. She was married to Walter Kohn, a physics professor at UC San Diego from 1960-1979 (Kohn would become the 1998 Nobel Prize winner in Chemistry while at UC Santa Barbara). □



*Bobcat on the Guy Fleming Trail on Dec 6, 2010
Photos (cell phone) by Ranger Kyle Knox*



CALLING ALL COOKS! Do you have a favorite recipe? One that you love to make for company or just for yourself? Here's your chance to share your culinary delights in a Torrey Pines Docent cookbook.

The idea for a Torrey Pines cookbook was mentioned at the Nov. 13th monthly meeting. The recipes would be inserted in a new cookbook that would include artwork from our beautiful Reserve. Just send your recipes electronically to my home email address found in the TPDS Roster, or bring me your typed recipes to the next General Meeting. If neither of those two alternatives work for you, send your typed recipes to me, at my home address, also shown on the Roster.

When the cookbook is finished, it will be offered for sale in the Museum Shop. Many decisions are yet to be made about the appearance of the book, but the beginning is collecting the recipes from all of you.

Thanks for your help with this fun project!

Bonnie Hornbeck

Birds of the Torrey Pines Extension

by Will Cox

Photos (p. 7) by Herb Knufken

Coveys of California Quail and excitable Anna's Hummingbirds await you at the Torrey Pines Extension. Finally acquired in 1970, the nearly 200 acre Extension provides vital food and shelter to a wide variety of birds and other animals. If you watch birds at the Extension, you'll surely notice the change of seasons. For example, when you first hear the chip of a Yellow-rumped Warbler or the sweet whistle of a White-crowned Sparrow, you know it's wintertime in San Diego.

The species that you are most likely to hear or see in the Extension are:

Anna's Hummingbird, California Towhee, Wrentit (see photo, next page), Western Scrub-Jay, American Crow, Common Raven, House Finch, Bushtit, Nuttall's Woodpecker, Bewick's Wren, Spotted Towhee (see photo), and California Quail. Another species that you are likely to hear is the Allen's Hummingbird (see photo), with its metallic buzzing sound. In a recent survey of wildlife, the

Torrey Pines Extension became the southernmost nesting area in California for this species.

I have birded the Extension as part of our monthly bird surveys for over five years, and there are some species that I have observed only once or twice. Those include a Greater Roadrunner on the upper trails, at the end of Mira Montana Dr. leading out to the red rocks, and a Cassin's Vireo in a bush alongside the fence next to the Del Mar Little League field.

Birds of prey also inhabit the Extension. In the past, I have observed Great Horned Owls sitting in the pine clusters around the trails starting at the end of Del Mar Scenic Parkway. In addition, you're likely to see Red-tailed Hawks, with the Red-shouldered Hawk, Cooper's Hawk, and Northern Harrier all being less common.

Sometimes we bird surveyors are asked questions like "Are you seeing any less of a given species over time." We are starting to input all of our monthly survey data into a data collection tool called eBird, which is free and produced by the Cornell Lab of Ornithology. Over time, we will work to extract this kind of information from the system, so stay tuned!

Enjoy the Extension!



Wrentits



Allen's Hummingbird



Spotted Towhee

Please contact the photographer before using an image for any reason: herb1rm@hotmail.com

Herb's amazing photo site is www.pbase.com/herb1rm

Torrey Pines Docent Society Bird Survey: December 4, 2010

Number of species: 87

Gadwall 21
American Wigeon 26
Mallard 10
Cinnamon Teal 5
Northern Shoveler 8
Northern Pintail 5
Green-winged Teal 6
Lesser Scaup 1
Surf Scoter 1
Bufflehead 10
Red-breasted Merganser 1
Ruddy Duck 1
California Quail 21
Pacific Loon 30
Common Loon 3
Pied-billed Grebe 7
Eared Grebe 3
Western Grebe 251
Sooty/Short-tailed Shearwater 1
Black-vented Shearwater 30
Brown Pelican 10
Brandt's Cormorant 30
Double-crested Cormorant 12
Great Blue Heron 3

Great Egret 7
Snowy Egret 2
Little Blue Heron 1
Osprey 2
Northern Harrier 2
Cooper's Hawk 1
Red-shouldered Hawk 1
Red-tailed Hawk 4
American Kestrel 5
Peregrine Falcon 1
American Coot 200
Black-bellied Plover 3
Snowy Plover 50
Semipalmated Plover 3
Long-billed Curlew 4
Marbled Godwit 8
Sanderling 20
Least Sandpiper 12
Short-billed/Long-billed Dowitcher 3
Bonaparte's Gull 400
Heermann's Gull 150
Ring-billed Gull 500
Western Gull 2000
California Gull 8500
Parasitic Jaeger 1
Mourning Dove 2

Anna's Hummingbird 14
Rufous/Allen's Hummingbird 3
Belted Kingfisher 1
Nuttall's Woodpecker 3
Northern Flicker 1
Black Phoebe 9
Say's Phoebe 7
Cassin's Kingbird 6
vireo sp. 1
Western Scrub-Jay 3
American Crow 16
Common Raven 8
Northern Rough-winged Swallow 2
Bushtit 71
Bewick's Wren 3
House Wren 4
Marsh Wren 2
Blue-gray Gnatcatcher 1
California Gnatcatcher 2
Ruby-crowned Kinglet 4
Hermit Thrush 2
Wrentit 21
Northern Mockingbird 3
California Thrasher 3
European Starling 13

Orange-crowned Warbler 1
Yellow-rumped Warbler 24
Common Yellowthroat 8
Spotted Towhee 9
California Towhee 28
Savannah Sparrow 1
Savannah Sparrow (Belding's) 7
Song Sparrow 15
Lincoln's Sparrow 1
White-crowned Sparrow 18
Golden-crowned Sparrow 1
Red-winged Blackbird 135
Brewer's Blackbird 16
House Finch 143
Lesser Goldfinch 25
American Goldfinch 55

Observers: Jack Friery, Gary Grantham, Frank Wong, Kathy Dickey, Herb Knufken, Blair Francis, Will Cox, and Anonymous

Previous Bird Surveys may be found at torreypine.org/activities/bird-sightings.html



Torrey Pines Docent Society
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January 2011 TPDS Visitor Center Hosting Calendar- Updated 1/2/11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lodge Hours L- 10-1 L- 1-4	Walks Sat/Sun/Hol W 9:30 (Start 10:00) W 1:30 (Start 2:00)					2x hrs- 1 L- Hansen W -MacGregor L-Tozer W -
2 L-J Smith W -Burham L-MacGregor W -Kamen	3 L- Arnold L-F Doolittle	4 L- Simon L- Heinemann	5 L-M Lewis L- Isaacson	6 L- Sabella L- Heinemann	7 L- Sogo L-S&S Rose	2x hrs-Meeting 8 L- W -Burham L- W -
9 L-Rowbottom W - L-Hill W -	10 L-Ivany L-Heinemann	11 <i>Maids</i> L-Marshall L-McCardle	12 L-C&B Hornbeck L- B&F Eckles	13 L-Malm/Griffiths L-Heinemann	14 L- L-Zyskind/D Smith	15 L-McGee W -Sanseverino L- W -S Doolittle
16 L-Schulman W - L- Hill W -	2x hrs 17 L-McCardle L-Tozer	18 L Ivany L-B&F Eckles	19 L-C&B Hornbeck L-Tarkington	20 L- L-Isaacson	21 L- Sogo L-Dickey	22 L- Sabella W -Sanseverino L- Hartung W -Geist
23 L- W -Rowbottom L- W -	24 L-Arnold L-F Doolittle	25 <i>Maids</i> L- L-	26 L-M Lewis L-	27 L- L- -	28 L-Lombardi L-Ugalde	29 L- McGee W -Sanseverino L- Geist/Hartung W -S Doolittle
30 L-C&B Hornbeck W - L- W - Stiegler	31 L- L-Heinemann	To sign up for an opening, call hosting docent (858 755-8219) to confirm the time & write your name in the Logbook. If you cannot do your shift, please try to find your own substitute by switching with another docent or using the short-notice list. Then call the hosting docent to make the change in the Logbook. Hosting Coordinators: Irene Larrimore & Jan Lombardi				