



# TORREYANA

*The docent newsletter for  
TORREY PINES  
STATE NATURAL  
RESERVE*

Issue 341

October 2013

## TORREY PINES INVADED BY ENEMIES, WATCHED BY FRIENDS

by Pat Finn

The first time Charlie Kerns – a native San Diegan, born and raised in Bird Rock -- saw a Torrey pine was as a kid visiting the Reserve for the first time, trying to navigate the unfortunately named (and now closed) Fat Man's Misery.

He told the Torrey Pines Docent Society at the September meeting that his acquaintance with the trees deepened in high school when he went on a Reserve walk-and-talk. But his teenage self was not particularly impressed.



*Photo by Roger Isaacson*

At the University of Hawaii, Manoa, Charlie received a degree in horticulture and a belief in the

**Docent General Meeting**  
Saturday, October 12<sup>th</sup>  
9 am

**Location:** St Peter's Episcopal Rec Hall, Del Mar

**Title:** Water Quality in the Los Peñasquitos Lagoon

**Speaker:** Travis Pritchard, Water Quality Lab Manager, San Diego Coastkeeper

San Diego Coastkeeper protects and restores the waters in our own backyard. Their three-year strategy is to reduce water pollution and protect habitat in San Diego County by focusing intensely on the core mission of ensuring enforcement of laws that protect and restore fishable, swimmable and drinkable waters.

Travis will talk about sedimentation in the lagoon and the relatively new process to address the issue. He will also give an overview of the new regional storm water permit and how people can get involved in that process.

**Refreshment Alert:** The Society will continue to provide coffee, tea and fruit snacks as usual. Docents bringing baked goods, special treats, nuts, etc., for the October meeting are those whose last names begin with A, B & C. Check here every month to see if it's your turn.

importance of restoring native plants to habitats swallowed up by non-native interlopers. He returned to the mainland where, in the course of his career he would spend countless hours walking the Reserve, searching for and stamping out invasive plants and becoming more and more impressed by its Torrey pines.

In 1993 he volunteered to plant Torrey pine seedlings grown up north in Placerville in the Reserve. A wind storm in 1989 had brought with it a storm of bark beetles, which wreaked havoc on trees already weakened by drought. As groups of 10, 20, 30 trees died and fell over, they became

hatcheries for bark beetles, which marched through the park. (cont.)

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The Torrey Pines Docent Society publishes the *Torreyana* monthly, edited by Joan Simon and Pat Finn on alternate months, and is formatted and produced by Roger Isaacson. Submissions are due on or about the 20th day of the preceding month and may be emailed to

[Editors@torreypine.org](mailto:Editors@torreypine.org).

This month's editor: Pat Finn

November editor: Joan Simon

Please send postal/email address changes to:  
Torrey Pines Docent Society  
P.O. Box 2414, Del Mar, CA 92014  
Attn: Membership or to

[Membership@torreypine.org](mailto:Membership@torreypine.org)

Web sites: TPDS [torreypine.org](http://torreypine.org)

TPA [torreypines.org](http://torreypines.org)

Visitor Center phone **858.755.8219**

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The Torrey Pines Docent Society newsletter, *Torreyana*, is now published monthly instead of bimonthly. The *Torrey Pinecone* name will no longer be used for the alternate month issues.

The issue labeling has returned to the original system, with the September 2013 *Torreyana* numbered 340 to reflect more closely the number of *Torreyana* newsletters produced by the docent society since 1975.

By the early '90s, the Reserve had lost 10-12 percent of its Torrey pines. Reinforcements were needed. Charlie planted seedlings mostly along the Guy Fleming and Parry Grove Trails, and he planted more in 1997, '98 and '99, mostly in Parry Grove. In this hard-hit area, a beetle-trapping program had begun in 1991. By 1993, over 330,000 beetles had been trapped. And as tree mortality dropped, the seedlings took hold, traps came down, and the beetle-trapping program became a beetle-monitoring program.

If only. In the spring of 2000, a forester cut down a dying tree in the Reserve and, with a sense of déjà vu, found that its dead sections were serving as bark beetle incubators. The Reserve hired an arborist to cut down and remove dead trees. Traps were set out again: five at first, then 10 and 15 and as of now, 29.

Charlie, now an environmental services intern for the California State Parks, collects from the traps every week as he hikes the park looking for sickly trees. Further afield, he has found Torrey pines near Via Grimaldi and Longboat which are slowly dying. These trees not only have bark beetle problems, but also an unusual number of turpentine beetles.

This all sounds quite dire, but Charlie is upbeat. He reports that the vast majority of the Reserve is in good shape. Today if a tree dies and falls, unless its neighbors are sick, too, Charlie lets it go. One or two trees die each year, whether rainfall is scarce or plentiful.

Losing the occasional tree is just what happens, he says.



Some of the 29 bark beetle traps set out in 11 locations around the Reserve.

**Beach walk on Sat. October 5th, starting at 3:30 at Park entrance kiosk beach stairs. We will hike south to and around Flat Rock. You never know what the ocean or sea cliffs will reveal.**

**Wes Farmer**

**FLASH From Laura Lowenstein: Don't forget to donate your ZooNooz magazines to the Museum Shop.**



A Torrey pine which succumbed to a bark beetle infestation.

# September 14, 2013 Docent Meeting Minutes

**Docent of the Month: Janice Barnard**, an active docent who contributes not only to the Reserve, but to several other organizations, including the Torrey Pines Association, was named Docent of the Month.

**Spotlight On: Ken King** gave an informative presentation on the Torrey Pines Association and the Torrey Pines Docent Society: the role each group plays in the Reserve and how the two groups are different.

**President's Announcement: Bill Eckles** introduced two guests, David Engel and Sarah Benson, from Stay Cool for Grandkids, a coalition of grandparents working together to reduce the threat of climate change. This is a new non-profit organization in San Diego founded to advance solutions on a local level to help prevent global warming. Membership is free and the next meeting is October 4 at David Engel's home at 5:30 pm. Get more information at

<http://www.staycool4grandkids.org/>

Or [www.facebook.com/StayCool](http://www.facebook.com/StayCool)

**Jan Lombardi** recruited docents to sign up to lead the Nature Walks on the weekend. She encouraged docents to come along on any nature walk or children's program to see how they're done and gain more confidence before leading their own walks.

**Museum Shop: Nancy Woodworth** announced that **Jim Cassell's** painted gourds were available at the meeting for a donation. She brought samples of the new paper earrings available in the shop.

**Treasurer's Report:** The TPDS remains in the black by \$20,000 including income from Art in the Pines.

**Art in the Pines:** Three new components will be added to AITP next year: education, a guest speaker, and mentoring. **Jeff Harrison** is reaching

out to docents to help with the planning and to consider being guest speakers.

**Childrens Program:** Twenty-eight docents attended the Children's Program training refresher course.

**Barbara Justice** noted that schools have already signed up for a variety of educational programs and trail hikes for the 2013-2014 school year, including seven schools that have signed up for the additional Tuesday programs, new this year. A total of 69 presentations have already been scheduled for San Diego County school children.

The meeting was adjourned at 11:20 am.

## Docent of the Month Janice Barnard

by Pat Finn



Janice Barnard and companion on vacation in Yellowstone National Park

**Janice Barnard** may be retired from her positions as a high-level manager for corporations like Xerox and as co-owner (with her husband) of a residential construction company, but that doesn't mean she has slowed down.

Besides her current docent activities for the TPDS, which include the Art in the Pines Event Committee, she is a counselor and secretary for the Torrey Pines Association and active with the San Diego Humane Society in community outreach and education.

Janice was on vacation in Yellowstone National Park as this was being written,

and so was unable to add to the bare – or bear – facts of her bio on file at the TPDS. Consequently, some editorial interpretation is in order.

Janice was born in Long Beach, California and raised in San Diego. She bounced back to Long Beach for a B.S. in business administration, but then decamped to the University of Oregon in Eugene for an M.S. in applied information management. And Oregon is where, apparently, her volunteer career began.

She served on the executive committee and was the event coordinator for the Clean Rivers Campaign for the Portland chapter of the Sierra Club. An alarming line in her bio says she was also involved in campaign outreach for the Bear and Cougar Initiative, which could be a somewhat hazardous activity. In her official bio there is no mention of whether she put in all these volunteer hours while getting a master's degree or working full time in management -- or both.

Back in San Diego she joined the San Diego Sierra Club Canyons Campaign Advisory Board and Steering Committee, became treasurer for San Diego Canyonlands and fundraising event chair for Friends of the County Animal Shelter. Oh, and joined the Torrey Pines Docent Society.

She has been married 30 years to John Griffis and has lived in Del Mar Terrace for 16 years.

### SOLAR VIEWING PROGRAM AT THE RESERVE FOR DOCENTS.

On Sat. Oct. 26, between 1 and 5 pm, drop by to view the sun with high powered telescopes provided by OPT Telescopes from Oceanside. With the telescopes, details and prominences on the sun will be visible.

Meet at the West Overlook for this unique, educational opportunity.

The event is free and is an appreciation gift from the Reserve rangers and aides for the benefit of docents, but open to others.

### \*\*\*Heard in the Reserve\*\*\*

*This month, all items submitted were questions directed to **Hank Beck** while he was Lodge hosting. Some he had an easier time with than others.*

From Hank:

- \* Can I fly a kite here? (I don't know the answer to this)
- \* The trees are looking kind of bad. Don't you water them?
- \* Where are the picnic tables?
- \* If I have a reservation at a State park campground, will they have my name on some sort of a list?
- \* Do Torrey pines require fire to germinate? (Per Hank Nicol, they need 6 weeks of cold.)
- \* Where do I drop off paperwork for a wedding? (4477 Pacific Hwy)
- \* And finally... a visitor comes in and asks if we allow people to take the fence posts that are lying in the parking lot? Of course, I answered no. At which point he said, "Well someone is loading them in his car right now!" I'm about to look for a ranger, when I stop for a second and ask him, "Did this guy have a gray beard?" Of course he did... Frank, you've been busted!

*Please submit any anecdotes, odd questions, snatches of overheard conversations for the November Torreyana to Joan Simon or Pat Finn ([editors@torreypine.org](mailto:editors@torreypine.org)). Now that the children's programs are starting up again, the editors are hoping that kids do indeed say the darnedest things.*

### 5<sup>th</sup> Annual Art in the Pines Festival 2014

by Jeff Harrison

I want to thank the returning Committee Leaders who have agreed to return and help with next year's event. The following areas are lonely and in need of your help: State Parks 150 Year Celebration, Docent/Reserve Group Acknowledgement, Education Program, Logistics, Boy Scout/Girl Scout Liaison.

So, please step up and join a fun committee and make a difference and make this a huge success. Please contact Jeff Harrison at [aitp@torreypines.org](mailto:aitp@torreypines.org) and let me know your area of interest. Whether it's volunteering for a committee lead or the day of the event get on the roster – our first leadership meeting will be the last week in October so we need to include you in this upcoming meetings and implementations of our plan. PLEASE CONTACT JEFF TODAY!!!



Ken King and Supervising Ranger Dylan Hardenbrook



### Docent-Staff 2013 beach party

Photos by [Wes Farmer](#) and [Linda Lawley](#)

On September 18<sup>th</sup>, about 35 Torrey Pines Reserve docents and staff got together for an "end of season, full moon potluck."

You have to regret you couldn't be there for the perfect weather and wonderful food. Between socializing and eating, we had bocce ball, kite watching, music, and moon watching.



Carol Smith, Granddaughter Emma Jane Smith, and Stu Smith



Jeff Harrison, Sally Whitlock, Louis Sands, Cecil Hornbeck, Mike Winterton, Bonnie Hornbeck, and Jake Mumma



A perfect day for a beach party and pot luck



On ukulele: Hank Beck, Bill Eckles, Roger Isaacson; Looking on: Stu Smith and Bobbi Krueger, Holding the music: Barbara Wallach



Hank Beck, Supervising Lifeguard Ed Vodrazka, and President Bill Eckles; Ed wins the TPDS "The Voice" competition by leading us in "most" of the verses of "American Pie"!



Eileen Conway and Barbara Wallach on percussion



Can the moon get any fuller?



Wes Farmer and his Didgeridoo\*, made from an agave stalk.

\*The agave stalk and leaves were dry when found. It was hollowed out with a tool made to remove the pith from within the stalk. A hand drill with a very long rod was used to hollow it out. Then a dry bamboo with sand paper at the end smoothed the interior. The interior was then coated with urethane varnish to prevent moisture from entering the the stalk, with an inset made from paired otoliths (fish ear bones) from fish caught years ago.

Photos by Wes Farmer (60) are here: [tinyurl.com/WesFarmer-beach-130918](http://tinyurl.com/WesFarmer-beach-130918)

Photos by Linda Lawley (18) are here: [tinyurl.com/LindaLawley-beach-130918](http://tinyurl.com/LindaLawley-beach-130918)

## Online Volunteer Management System —[Volgistics.com](http://Volgistics.com)

by Roger Isaacson

We have begun the process of achieving our long-term goal of having "online signups" available for most of our scheduled docent/volunteer jobs. The Children's Program software and signups will not be affected, nor will the Docent Login. Our first phase will be to eliminate the paper Lodge hosting calendar. As this goes to press the Green Team (recyclers) and TIK (Trail Info Kiosk) calendars are being activated, replacing the Google calendars. The Lodge hosting and

public walks calendars will follow soon.

Sometime between now and Jan 1, 2014, if all goes well, the Tracker and Online Tracker volunteer hour recording functions will only be available by logging into the Volunteering (in right column) "portal" that can be accessed from any page on [torreypine.org](http://torreypine.org)

We hope you are curious and want a head start. Please click on the "portal" link described above and type in your email address and click on "Forgot my password." You will be emailed a password that you can change from the Account tab on your first login. This is a testing phase, so don't expect any hour entries to be counted yet.

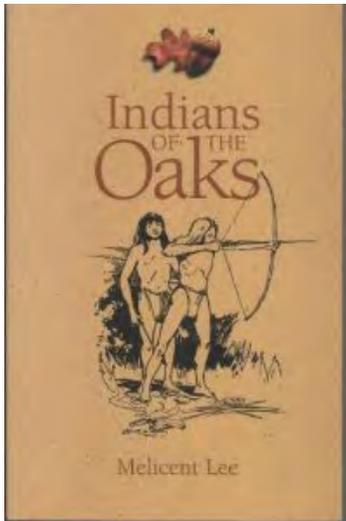
For questions and help send email to [docent-roger@torreypine.org](mailto:docent-roger@torreypine.org)

## On The Museum Shop Book Shelf

Discover the World of the Kumeyaay  
by Suzan Potuznik

The ways of the Kumeyaay people who once walked the trails of the Torrey Pines State Natural Reserve are captured in an excellent selection of books available at the TPSNR Museum Shop. The rich culture of the tribes of the 19th century comes to life in the fictitious tales in *Indians of the Oaks* by Melicent Lee and in *My Ancestor's Village* by Roberta Labastida. The biographical accounts of the lives and

tribal knowledge of Delfina Cuero (*Delfina Cuero, Her Autobiography*, by Florence Connolly Shipek) and Tom Lucas (*Just Before Sunset*, by Lora L. Cline) bring a personal account of the struggles of the Kumeyaay to survive the white man's invasion of during the 20th century while prehistoric archeological evidence and historical records are woven into a chronologic historical trail of the Kumeyaay in *Strangers in a Stolen Land: Indians of San Diego County from Prehistory to the New Deal* by Richard Carrico.

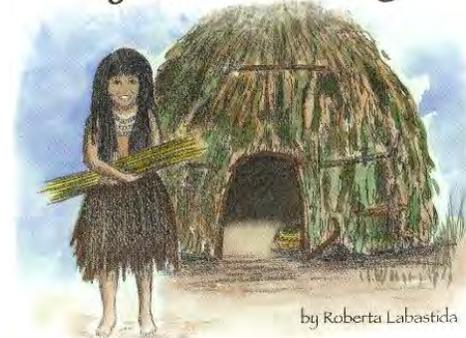


***Indians of the Oaks* by Melicent Lee** was first published in 1978 by the San Diego Museum of Man and is still printed to this date.

Melicent Lee moved to San Diego in the early 1900's, and intrigued by the disappearing culture, history, and art of the native people of the land, she gathered their stories and brought their knowledge to the world through the Indian Art League of San Diego and numerous publications. In Lee's *Indians of the Oaks* their stories comes to life in two fictitious tales. One is told by a young white boy rescued by the Kumeyaay who name him Kwee-Tahk. He learns to take a bath in the desert, dances to stay warm, finds delicious treats in the smallest of seeds, food in the plants, and learns to hunt. A second tale is of an herbwoman's daughter, named Wahss, who learns the ways of the "giver and keeper of health" and takes the reader on trails from mountains to marshes, discovering

plants and the traditions of her people. The book ends with a listing of the many plants used by the Kumeyaay with notes as to how they were used and prepared. *Indians of the Oaks* is a wealth of interpretive stories in a style that can be enjoyed by an adult, yet easily mastered by a young reader.

### My Ancestors' Village



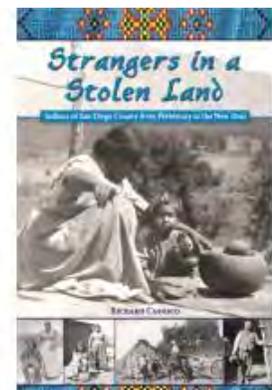
***My Ancestors' Village* by Roberta Labastida** (2004), captures a day of a young Kumeyaay girl, named Kilyaahwii (Dove), who lived in San Diego county many years ago. Kilyaahwii guides the reader on a visit to her village and tells of how the houses, pottery, and baskets are made, what she eats, and how she spends her day. The book is a beautifully illustrated children's book for a beginning reader and includes a map of the current Indian tribe reservations and a brief history of the relationship between the tribes and languages spoken.

***Delfina Cuero, Her Autobiography - An Account of Her Last Years and Her Ethnobotanic Contributions* by Florence Connolly Shipek** (1991). This publication includes Delfina Cuero's (1900-1972) autobiography, an account of her later years, and a listing of the plants, names, and uses as told by Delfina to Florence Connelly on their many walks throughout San Diego County, including visits to the area of Torrey Pines Reserve.

The story of Delfina Cuero not only provides new information on aspects of aboriginal life but is a "uniquely human and moving document that eloquently captures the destruction of a culture."

***Just Before Sunset* by Lora L. Cline** (2008)

Lora Cline spent many years interviewing and developing a close friendship with Tom Luca, the last of the Kwaaymii, also known as Mountain Kumeyaay. The smallpox epidemic of 1860 and the influenza outbreak of 1918 decimated the Kwaaymii. Tom Lucas was the last Kwaaymii baby born, in 1903, and the tribe elders, to preserve the knowledge of their people, taught him their ways, traditions and stories. The book provides a wealth of information on food gathering and preparation, hunting, social and political customs, tools, houses, moments of everyday life as well as the myths and legends that were the foundation of their beliefs. Maps and illustrations enrich the stories and the appendices include definitions and an informational resource that cover medicines, flora calendar, counting, and more.



***Strangers in a Stolen Land, Indians of San Diego County from Prehistory to the New Deal* by Richard Carrico**, professor of American Indian Studies (2008). This book is a rich historical work, in which Carrico explores prehistoric economic and social structure of the Native Americans using archaeological data. He then moves on to a detailed review of historical records, bringing forth a story of the relationship between Native and European Americans, covering multiple tribes, most extensively the Kumeyaay, into the 1800's. In this latest edition Carrico also covers the time period of 1890 - 1938 and the recovery of the Native American communities.

## Blue Whales Sighted Last Week off Torrey Pines

As many of you know from the TPDS Google Group, and elsewhere, blue whales are being spotted along our coast again this “blue whale season,” typically between July and October.

Here is part of an article by **Jim Larrimore**, first published in the August 2007 *Pinecone*.

Blue whales have a single spout, not a double one like our California gray whales, and they blow it so high that it can be easily seen from the coast even though the whales are quite far out.

The blue whale is the largest whale, and the largest creature ever to inhabit the earth. Blue whales may reach 30 m (100 ft) in length.

They are found in all oceans of the world. Heavy hunting from the 1930s to the 1960s nearly caused their extinction. Now classified as an endangered species, blue whales are gradually returning in several areas of their range; since



*Blue whale spout*

Spouts up to 30 feet

1985, blue whales feeding in Monterey Bay, California, have become a familiar sight in late summer.

Blue whales feed by lunging open-mouthed into dense groups of small sea creatures such as krill or fish. They often lunge through their prey side-by-side, apparently using each other to block the escape of their prey. As water and food rush into the whale's mouth, more than 60 throat pleats expand so that the whale's throat, or gular pouch, forms a huge bag that extends from the front of the whale's snout to its navel.

The whale then partially closes its mouth, leaving a small gap, and forces water past 270 to 390 pairs of wide, black, fringed baleen plates that hang from the roof of the mouth. The plates act as a sieve, catching food inside the fringes.

Text Source: [exzooberance.com](http://exzooberance.com)

Photos from [acsmb.org/whalespouts.htm](http://acsmb.org/whalespouts.htm)



*Gray whale spout*

Spouts up to 15 feet

## Torrey Pines Docent Society Bird Survey: September 7, 2013

Number of species: 61

Gadwall 1	Heermann's Gull 36
Mallard 16	Ring-billed Gull 1
California Quail 1	Western Gull 45
Brandt's Cormorant 12	California Gull 1
Double-crested Cormorant 11	Caspian Tern 4
Great Blue Heron 4	Forster's Tern 1
Great Egret 2	Royal Tern 2
Snowy Egret 7	Elegant Tern 2
Osprey 1	Eurasian Collared-Dove 3
White-tailed Kite 2	Mourning Dove 9
Cooper's Hawk 1	Great Horned Owl 2
Red-shouldered Hawk 1	Anna's Hummingbird 20
Red-tailed Hawk 1	Nuttall's Woodpecker 5
Willet 1	American Kestrel 4
Whimbrel 6	Black Phoebe 8
Long-billed Curlew 5	Cassin's Kingbird 10
	Loggerhead Shrike 1
	Hutton's Vireo 1
	Western Scrub-Jay 10

American Crow 52
Common Raven 9
Northern Rough-winged Swallow 5
Barn Swallow 3
Bushtit 60
House Wren 9
Marsh Wren 2
Bewick's Wren 6
wren sp. 1
California Gnatcatcher 9
Wrentit 20
California Thrasher 10
Northern Mockingbird 2
Phainopepla 1
Orange-crowned Warbler 2
Common Yellowthroat 9
Spotted Towhee 9
California Towhee 29

Savannah Sparrow 4
Song Sparrow 23
Western Tanager 2
Red-winged Blackbird 1
Brewer's Blackbird 3
Hooded Oriole 1
House Finch 56
Lesser Goldfinch 10
House Sparrow 1

**Observers:** Eva Armi, Gary Grantham, Frank Wong, Blair Francis, Herb Knüfken, Kathy Dickey, Jack Friery, Bob Glaser, and Anonymous

Previous Bird Surveys may be found at [torreypine.org/activities/bird-sightings.html](http://torreypine.org/activities/bird-sightings.html)

Herb Knüfken's amazing photo gallery may be found here: [pbase.com/herb1rm](http://pbase.com/herb1rm)



Torrey Pines Docent Society  
 PO Box 2414  
 Del Mar, CA 92014  
 (858) 755-2063/755-8219  
[www.torreypine.org](http://www.torreypine.org)

### October 2013 TPDS Lodge Docent Hosting Calendar- Updated 9/28/13

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lodge hosting hours: L- 9-12 L- 12-3 L- 3-6		<b><i>Maids</i> 1</b> L-Fiorentino  L-Small	<b>2</b> L-Colwell  L-Barnard	<b>3</b> L-Griffiths  L-Heinemann	<b>4</b> L-Burke  L-Hirst	<b>5</b> L-B Doolittle W-Sanseverino L- W-Kamen/ Yehushua
<b>6</b> L-Mussen W-Barger L-Renner W-Fillius	<b>7</b> L- Hrountas/ Walker L-Buckley/ F Doolittle	<b>8</b> L-Fiorentino  L-Dickey	<b>9</b> L-Fischman  L-Barnard	<b>10</b> L-  L-Alley/ Barger	<b>11</b> L-Schindler/ MacConnel  L-McCardle/ Ugalde-	<b>Meeting 12</b> L- W- L-Torres W-L Adamo
<b>13</b> L-C&B Hornbeck W-Schindler L-Heinemann W-Geist/Hartung	<b>14</b> L-M Lewis  L-Tozer/ Jacobson	<b><i>Maids</i> 15</b> L-Fiorentino  L-Tarkington	<b>16</b> L-Colwell  L-Barnard	<b>17</b> L-Griffiths  L-Beck	<b>18</b> L-Donnelly  L-McCardle	<b>19</b> L-McGee W-Sanseverino L-E Lawrence W- Kamen/ Yehushua
<b>20</b> L-Mussen W-Barger L-M Burkhard W-Renner	<b>21</b> L-Colwell  L- Buckley/ F Doolittle	<b>22</b> L-Fischman/ digirolino L-Woods	<b>23</b> L-A Howard  L-Barnard/ Hirst	<b>24</b> L-Alley/ Barger  L-A Pas	<b>25</b> L-Schindler/ MacConnel  L-Martineau	<b>26</b> L-McGee W-Brav L-Hartung W-Elliot
<b>27</b> L-Schulman W-Fillius L-Schulman W-Geist	<b>28</b> L-Hrountas/ Walker  L-Donnelly	<b>29</b> L-Fischman  L-	<b>30</b> L-A Howard  L-Barnard	<b>31</b> L-Beck  L-Elliot	Walks: <b>W Sat/Sun/Hol 9:30</b> (Start 10:00)  <b>W Sat/Sun/Hol 1:30</b> (Start 2:00)	

To sign up for an opening, call the hosting docent (858-755-8219) to confirm the time and write your name in the Logbook. If you cannot do your session, please try to find your own substitute by switching with another docent or using the short-notice list. Then call the hosting docent to make the change in the Logbook. Coordinators: Irene Larrimore & Jan Lombardi