



TORREYANA

THE DOCENT NEWSLETTER FOR
TORREY PINES
STATE NATURAL RESERVE

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The Kumeyaay and Sustainability

by Joan R. Simon

Kristie Orosco, from the San Pasqual Indian Reservation, is an advocate for indigenous resource preservation. She works as the Kumeyaay Resources Specialist for the Sycuan Cultural Center, which operates a museum and holds community events that are open to the public. On November 9, she gave an impassioned talk to the Docent Society, highlighting the importance of preserving the natural habitat the Kumeyaay lived in for tens of thousands of years before Europeans arrived in North America. She focused on the importance of preserving indigenous plants, with as much biodiversity within each species as possible, to better face the challenges of a changing climate. As she noted, “a black sage will be different from one end of the trail to the other.”

The map of where the Kumeyaay live (circa 2000, see map on pg. 3) is similar to their traditional territory before Europeans arrived in North America. At that time, their communities stretched from the desert, through the mountains and foothills, to the valleys and wetlands and the ocean, which 2,000 years ago was 400 feet lower than it is today. This area, then as now, is one of the most biodiverse in the nation.

It was not until the American Indian Religious Freedom Act of 1978 was passed by the United States Congress that native Americans were given freedom to worship through traditional ceremonial rites, using objects sacred to them. Before that date, the Kumeyaay and other native American tribes “were not able to speak their native language or sing our songs,” Ms. Orosco said, without fear of punishment by the law.

Before Europeans arrived there were no toxins in the environment and the way of life was environmentally



Docent Holiday Party

Saturday, December 14, NOON (note change of time)

Location: North Beach Parking Lot, north end, to the right after you enter (note change of venue from previous years)

We hope you will join us for our annual holiday celebration. There will be a short business meeting, followed by a potluck lunch. Please bring a dish to share (appetizer, main dish, or dessert). Also bring your own drink, plate and utensils. We will be celebrating on the beach, weather permitting.

friendly, leaving a “positive footprint” on the land. “We will not desecrate or decimate the environment – it is engrained in how we live.” Ms. Orosco said.

To that end, Ms. Orosco described the plants important to Kumeyaay culture:

Black and White Mountain Sages (medicinal plants); Chamise, a part of the coastal sage scrub, which is one of the most endangered ecosystems in the country; Buckwheat; Willow (used in structures and clothing; containing Salicin, the anti-inflammatory agent in aspirin); Elderberry (a medicine as well as food and drink; the bark is used for clothing); Toyon and Coffee Berry (food sources); (Cont on pg. 3)

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FLASH From Joy Inton: Don't forget to donate your ZooNooz magazines to the Museum Shop.

President's Message

As another year hurtles toward its close, let's take a moment to applaud this year's outstanding docent contributions.

Thank you retiring Board members, Secretary **Steve Neal** and Member-at-Large **Pao Chau**. Both are incredibly hard working docents, who have served diligently all year. They will be missed! Welcome to new Board members, Secretary **Gabriele Wienhausen** and at-large member **David Walker**. We look forward to your contributions.

With extreme gratitude, we need to praise **Roger Isaacson**, our IT guru. For many years he has guided us through the labyrinth of computerization, but this year he has been especially challenged by State Parks' insistence we participate in their new scheduling/reporting system. *Whenever I feel overwhelmed by the obstacles of TPDS, I try to channel Roger's extreme dedication and calm.*

Thanks **Nancy Woodworth** for 17 years of service as Museum Shop Director. And thanks to those who helped bring about a smooth management transition -- especially our new leadership team of **Nancy Walters** and **Selma Torres**. Praise to all who have participated in the spectacular success of our Museum Shop.

Thanks to the Whacky Weeders, especially leader **Lynne Small**. Following a wonderfully wet winter, they worked extremely hard to staunch the inundation of invasive species. Sorry WW gals/guys, but I'm hoping you will face a similar challenge next year.

Speaking of wet winters, let's salute our Children's Program Coordinator, **Louis Sands**, and our amazing Children's Program docents. They successfully rescheduled 15 field trips cancelled by rain. We can all be proud of their awesome contributions to TPDS and to our community.

Thanks to **Jane Barger** and **Ray Barger** for creating the BIK -- Beach Interpretive Kiosk.

Thanks to **Kathy Dickey** and all who have participated in our Nature Discovery Series. We look forward to another year of excellent offerings at the Pavilion.

Thanks Training Team members **Ingo Renner**, **Louis Sands**, **Susan Elliott**, presenters, mentors and walk leaders. Your considerable efforts help secure the future of TPDS. Welcome new docents!

Thanks Walk Leaders, Lodge Hosts, TIK Talkers, Seabees, and every docent who chose to give their time to TPDS this year. Thanks to State Parks employees who have respectfully supported our efforts.

It has been an honor to serve as President this year, and I hope to make you proud in 2020. THANK YOU FOR YOUR SUPPORT!

Janet Ugalde

TPDS President



(Cont. from pg. 1)

Agave (extremely strong fibers, which are used for fishing nets and sewing; the source of a variety of medicines); Juncus (used in making baskets).

At the heart of all these plants is the Oak, a “keystone” species, whose acorns are an important, nutritionally dense food staple, that can be helpful in combating diabetes due to its low glycemic index. Ms. Orosco has worked on many oak tree restorations and continues to plant oak trees and native plant gardens throughout the region. “Once they are gone,” she warns of species that are threatened, “they are gone forever.”

What is below the surface is as important as what is above, with native species “feeding” hundreds of other plants through their microbial properties, holding the soil together more effectively than non-natives and keeping the environment healthy. Ms. Orosco asserted that by maintaining these species and supporting biodiversity within species, not only will the land be healthier, but the possibility of finding new medicines will increase. Her overriding message to us was that diversity maintains stability, and sustainable communities and cultures are the most effective way to preserve a balanced earth.



Harvesting agave



Grinding acorns



Map of Lands of the Kumeyaay Nation in 2000



Basket weaving

General Meeting Minutes – November 9, 2019

Meeting called to order at 9:00 am by President **Janet Ugalde**.

Speaker: Kristie Orosco, from the San Pasqual band of Kumeyaay, presented a very interesting lecture titled *Kumeyaay Ethnobotany and Resource Conservation* (see the article on page 1).

Future Meeting Speakers: **Gabrielle Wienhausen** announced the speaker committee (she and **Jane Barger**) has come up with a form for docents to recommend speakers for our general meetings. **Roger Isaacson** will put this form online under *Docent Login*.

Election of 2020 TPDS Board Members: **Ken King** presented the nominating committee's slate of 2020 TPDS Board members, which were unanimously approved by the Docent Society members; there were no nominations from the floor (see article on pg. 5).

President's Report: **Janet Ugalde** announced that we will hold the holiday party on December 14, at noon in the north part of the North Parking Lot or on the beach there, depending on the weather. There was a sign-up sheet for volunteers. Docents should contact **Lynne Truong** if they can help with planning the event, set up or clean up.

Janet also announced that the Seabees had cleaned up the plastic storage unit that had been used for recycling and moved it from the North Lot to the South Lot. It will now be used to store the Beach Interpretive Kiosk (BIK) exhibits, table, chairs and EZ Up canopy. **Ingo Renner** is working on the new storage container for the North Lot that is being funded by TPA; it will arrive in approximately six weeks. Ingo received a bid of \$375 to haul away our old storage container, but will first list the container on Craig's List to see if anyone wants to take it away for free.

Janet mentioned that chairpersons for the various TPDS committees should expect to be contacted by their Board liaisons regarding the 2020 budget.

Frank Burham has been tasked with researching a battery powered utility cart for hauling equipment, which would be especially useful for the Seabees. Janet has heard from Supervising Ranger **Dylan Hardenbrook** that the new District Superintendent, **Gina Moran**, is not in favor of a docent truck or having employees of State Parks driving such a truck.

Susan G. Komen Walk: **Joe Meyer** announced for **Ann Smith Mercandetti** that volunteers are still needed for the Komen walk on Friday morning, November 15 at 7 am.

Nancy Woodworth Retires from the Museum Shop: There was a celebration of **Nancy Woodworth**, who managed the Museum Shop for seventeen years. Nancy's name will be added to the plaque in the Lodge that recognizes individuals who have made significant

contributions to the enhancement of TPSNR. Nancy was presented with a beautiful Torrey pine wood bowl made by the Turn Around for Vets, and a celebration cake was enjoyed at the break. Nancy thanked all the docents who have helped make the Museum Shop a success. **Gerry Lawrence** displayed a chart which showed that when Nancy took over the shop in 2002, total gross sales were a little over \$24,000. Last year total sales were over \$95,000. **Valerie Thomas, Arline Paa, Ken King, Barbara Walters, Sumiko Nagamine, and Lillian Lachicotte** gave tributes to Nancy, indicating how fortunate TPDS has been to have her as manager of the shop (see article on pg. 9 and more tributes to Nancy).

2020 TPDS Dues: **Lynne Truong** said that the \$25 annual dues need to be paid by the end of the year, and a check should be placed in either the treasurer's or membership mailbox in the Library. A check or cash can be handed to Lynne or **Gerry Lawrence**. Be sure to log your hours in Better Impact. See Lynne or **Annette Ring** if you are not going to reach your required 84 hours for 2019, and you need assistance filing for Associate or Friend membership (see article on pg. 10).

New Docent Training History Presentation: It was reported that the History Presentation play for the trainees was very successful. Hopefully there will be a future presentation. **Roger Isaacson** posted the script of the play on our website under the *Training Materials* Folder. (See Docent of the Month on pg. 6 for more about the play.)

Joe Meyer announced that long-time docent **Wes Farmer** will be moving to Las Vegas to live with his daughter. Joe has received at least a dozen painting by Wes and plans to have a silent auction of those paintings on an upcoming weekend day in November, with the proceeds benefitting Wes.

Kristine Schindler plans to offer her fall prevention program titled *A Matter of Balance* (free, eight sessions) on Friday mornings starting in early spring, so contact her if you are interested.

Gloria Garrett, who initiated the *Mindfulness in Nature* walks four years ago, announced she is planning to move out of state. Her last walk will be on Sunday, December 1 from 8 – 10 am. **Gabriele Wienhausen** and **Lynne Truong** are interested in continuing the program. Contact them if you would like to be trained as a *Mindfulness* walk leader.

Jim Bedinger had a successful book-signing appearance for his book about his three-and-a-half years as a POW during the Vietnam War, titled *Patriot, Prisoner, Survivor*. The book is available at Amazon, Barnes & Noble and the SDSU Aztec Shop.

The next *Nature Discovery Series* will be on Saturday, November 16 at 10:30 am, when **Judy Schulman** will present *Torrey Pines During WWI & WWII* (see article on

pg. 8). There will be no December program. The series will continue in January.

Top TIK Talkers: It was announced that the three docents who have volunteered the most at the TIK so far this year are **Janice Barnard, Donna Close, and Carol Hunt.**

Docent of the Month: **Mark Embree** for his ten-month, superb effort of planning and organizing a unique play to teach TPSNR history to new docent classes (see Docent of the Month on pg. 6). Mark serves as a Member-at-Large on the TPDS Board, and leads the Seabees on Tuesday mornings as their Board member liaison. He served on the committee that picks the speakers for our general meetings, and you can frequently find him staffing the TIK.

Refreshments: The December 14 General Meeting will be the annual holiday potluck. In **January**, docents whose last names start with **J-K-L** will be responsible for snacks.

Meeting ended at 11:00am.

2020 TPDS Board Elected

by Ken King

The TPDS bylaws stipulate that a Nominating Committee of five docents be appointed by the Board in July. The committee then selects a slate of candidates for the four officers and five at-large members on the Board, who will serve for one year. This slate is presented at the October general meeting, and at the November general meeting all the docents present vote for the board candidates.

The Nominating Committee consists of **Janice Barnard, Peter Domaille, Ken King, Don McGuire, and Joe Meyer.** The slate they presented was unanimously elected at our November 9 meeting. Our Board of Directors for the year 2020 is:

President: **Janet Ugalde**

Vice President: **Roger Isaacson**

Treasurer: **Gerry Lawrence**

Secretary: **Gabriele Wienhausen**

At-Large: **Mark Embree**

At-Large: **Annette Ring**

At-Large: **Stu Rosenwasser**

At-Large: **Lynne Truong**

At-Large: **David Walker**

Congratulations to our new Board members! Thank you for agreeing to serve.

Children's Program

by Louis Sands, Children's Program Coordinator

In 2020, the Children's Program will reach an enviable milestone: our 30th year of service to the children of San Diego County! Please join me and **Janet Ugalde** as we extend our heartfelt thanks to the many docents who have made this program a success over its impressive run.

'Tis the season for gratitude! And we would be remiss if we did not acknowledge the contributions of three docents who, for various personal reasons, are no longer able to serve our program. Thank you **Wes Farmer, Diane Stocklin, and Nancy Woodworth.** We all wish the very best of the holiday season for each of you.

Wes Farmer served many years as a Children's Program docent, and he consistently topped the list of total days served per school year. We usually squeeze 65 to 70 program days into the school year, and Wes always managed to be present for at least 50 of those days. If you know Wes, you are aware that he can be unrelenting with his passion for pet projects. But did you know that his characteristic persistence extended to serving children as well? That PhD-level intellect of his, coupled with a huge heart, were keys to his success. Wes, every time we enter the Lodge with a group of schoolchildren, we will smile as we pass your whale, snake, ant, and geology models. You will be missed!

Diane Stocklin also regularly served the Children's Program for many years. Diane is fearless, feisty, AND fabulous! She is the reason I sought the presidency of the Lady Rams fan club. I am pretty sure her love of backcountry skiing in Utah and Colorado had something to do with that, too (smile). Diane, we love your adventurous spirit. Please know that your fellow Children's Program docents are pulling for you, EVERY step of the way! Thank you.

Lastly, thank you to **Nancy Woodworth.** Nancy, your Museum Shop management expertise resulted in so much financial support for the Children's Program over the years. We are indebted to you and your team for providing children from underserved communities access to our beloved Reserve. Your collective efforts have made the Title I school bus grant program a major success. And the occasional free hand puppet for our props bin will not be forgotten either! Thank you.

Merry Chrismahanukwanzakah to everyone!



Some of the history project group: **Joe Meyer** as Charles Parry, **Jerry Trust** as Guy Fleming, **Mark Embree** as the Walk Guide, **Barbara Wallach** as The Land, **Gabriele Wienhausen** as Ellen Browning Scripps, **Kimberly Gambling**, and **Gretchen Embree** as the Lodge restaurant manager

Docent of the Month:

Mark Embree

Photo by Herb Knüfken

What factors are required to transform an individual idea into a group presentation? The thought never entered my mind as I walked with my wife on a brisk August evening through a historical panorama of Mt. Rainier National Park. Upon the walk's completion, I turned to my wife and said, "That was very cool. I'll bet we can do it at Torrey Pines." With those words, I started a year-long journey, which ultimately led to the group's presentation on Saturday, November 2, 2019, to the docent training class.



My first epiphany revealed the need for others -- others who would develop potential walk routes, prospective historical characters, accurate historical clothing, and a singular mentality that the ultimate group effort was more important than individual contributions. We addressed scope of character development, length of the route and possible stops, visitor interference, and the possibility no one would walk back in history with us.

I often sat at the kitchen table, stared into the backyard, and lamented how everything, from a visitor's perspective, appeared so effortless at Rainier.

We faced challenges. With each issue, a different team member offered a possible solution. **Frank Burham** walked the Reserve and then guided me on a reverse walk to discuss the advantages and disadvantages of suggested routes. When period costumes from Old Town State Park were eliminated as a possibility, **Joe Meyer** not only researched period clothing online, but came dressed as Dr. Charles Parry to several rehearsals, inspiring each of us to find just the right outfit for our characters. Each time we found ourselves stumped by a historical uncertainty, **Judy Schulman** clarified the issue so we could move forward. Moving forward was often difficult. **Jerry Trust** had to release the commanding officer of Camp Callan while **Bobbi Krueger** had to bid farewell to Dr. **Thomas Whitaker**, neither character making the editor's cut. **Gabriele Wienhausen** and **Kimberly Gambling** said goodbye to Guy Fleming while I gave best wishes to **Ellen Browning Scripps** when each of us realized portraying the opposite sex would create credibility issues in our historically accurate narrative. Engrossed in our respective characters, the majority of us forgot about the role of the land in our depiction. **Barbara Wallach** stood firm; the land's story was required to gain a better perspective of the revolving faces of inhabitants who would try to alter the land and ultimately protect and preserve it.

Although I am honored to receive the Docent-of-the-Month award, like the MVP of the World Series, who stands in front of his teammates realizing that any individual recognition is impossible without the accomplishments of his twenty-four teammates, I understand our efforts would be better served if the award were divided among **Barbara Wallach** (the land), **Joe Meyer** (Charles Parry), **Gabriele Wienhausen** (Ellen Browning Scripps), **Jerry Trust** (Guy Fleming), **Judy Schulman**, **Frank Burham**, **Kimberly Gambling**, **Barbara Krueger**, **Thomas Stehlik** (walk supervisor), **Gretchen Embree** (Mrs. Burkholder, Lodge restaurant manager) and myself (walk guide).

Komen Walkers

by Ann Smith Mercandetti

Early on the morning of November 15, TP docents **Joe Meyer**, **Paul Dunphy**, **Joan Simon**, **Lillian Lachicotte**, **Lynne Truong**, **Marian Edelbrock**, **Helen Grundler**, **Medi Denker**, **Michelle Kurtis Cole**, **Tania Popov**, **Nancy Richardson**, **BJ Withall**, **Donna Close**, **Linda Zlotnik**, and **Rosemary Wareham** arrived at TPSNR before 7:00 am to monitor the 2019 Susan G. Komen 3-Day Walk. With a number of docents needing to cancel after signing up this year, and several others not arriving, this group of 15 was spread "thinly" along the 1.5 mile road through the Reserve, but handled the "downsizing" of docent presence as well as any "super professional" TP docents possibly could have. It was a beautiful morning! Also, with the new posters made from Herb Knüfken's photos, docents not only found themselves being thanked for sharing "your state park" with the walkers; some wanted their photos taken with a poster!



Komen Walkers with Herb Knüfken's "Bee with Hummingbird" poster.

Nearing the end of the 2,225 walkers who came through the Reserve was a woman named Belinda, who was celebrating her 10-year survival of breast cancer. Belinda had walked all of the six other Komen Walks held this year around the US, and was just beginning her last walk right here in San Diego. (See photo below with Docent Michelle Kurtis Cole.)



Each Komen walker must raise \$2,300, plus pay their own expenses, to do a walk. By going "over the top" on some of her walks, Belinda had raised more than \$28,000 for the seven walks in this, her celebration year.

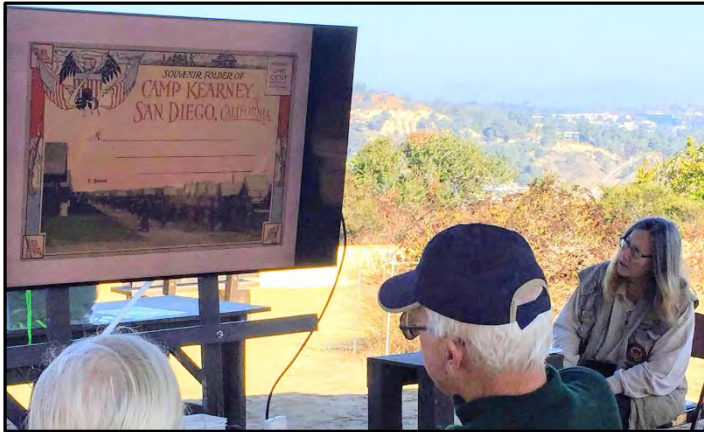
Many thanks to the Torrey Pines docents who have been so supportive in monitoring these events through the Reserve. The only litter found after this year's Walk were a few stickers which had fallen off the walkers. A big "thank you" to the San Diego police officers who, also as volunteers, rode with the Komen Walkers on their bicycles through the entire three-day event.



Nature Discovery Series: Torrey Pines Park During WWI and WWII

by Kathy Dickey

Judy Schulman (TP active docent since 1977 – wow!) gave us quite a history lesson during her Nature Discovery Series presentation on November 16 at the Pavilion. About 25 people attended, including a number of honored veterans.



Presenter Judy Schulman at far right

In 1917-18, the military at Camp Kearney (approximately the current site of Marine Corps Air Station, Miramar) used Torrey Pines Park for physical conditioning, marching and as a transportation route. Judy showed us some of her extensive collection of postcards and photos from that time. The landscape looked very different then, with very few trees and hundreds of men marching in full “doughboy” uniforms.



Soldiers marching at Torrey Pines circa 1917

In 1940, the Army leased 750 acres from the city for Camp Callan for training purposes. They paid \$1 per year. Camp Callan first came into being as a coastal artillery training center. It would later change to an antiaircraft replacement training center. Towards the end of the war, it changed to amphibious assault training. It was a 0.5- x 3-mile

rectangular area along the Torrey Pines mesa. It was bordered on the north by what is now known as Torrey Pines State Natural Reserve, to the west by the ocean, to the south by La Jolla Shores/Miramar Road and to the east by what was then U.S. Highway 101. It included all of what is now the golf course, the glider port, and the Salk Institute, and portions of UCSD.

The camp was active from January 1941 until November 1945. Torrey Pines was used in many ways. “The Torrey Teller” was a humor column in their weekly newspaper which was called the *RangeFinder*. The soldiers wore a special pin with a Torrey pine on it. Some of the trainees told Judy that they thought there was some type of research going on with mobile radar. In a 1972 interview with Margaret (Mrs. Guy) Fleming, she mentioned that there was some type of funnel listening device for airplanes or boats that was located in the parking lot where the bathrooms now are. She also mentioned that the Lodge roof was used as an observation post for airplane spotters right after Pearl Harbor. She said that this went on for about a year and a half. Locals mentioned that the soldiers patrolled the beach below the Torrey Pines cliffs at night. Los Peñasquitos Lagoon was used for swamp crossing practice.

Judy showed us an adorable photo of a young, happy couple getting married at the camp’s North Chapel, and next to it a more recent photo of the same, now elderly, couple on the TP beach.

The Lodge continued to be used as a restaurant for almost a year after Camp Callan opened (January 15, 1941). Judy has a copy of a letter dated May 1941, from a former customer stating that since Axel Johnson’s pancakes were so good his business should be booming once the boys at Camp Callan discovered them. The letter was written by Farny Wurlitzer of the Wurlitzer Jukebox Company. By the way, back in the late 1930s there used to be one in the Lodge. The last newspaper mention of the Lodge as a restaurant that Judy could find was dated November 17, 1941. Soon after, the bombing at Pearl Harbor occurred. Officers from Camp Callan then used the Lodge for meetings, training, special events, and parties.

From July 1944 to September 1944, the Marines also utilized TP for training. They camped in front and to the right of the Lodge. They were doing operational training of light-weight portable early warning radar systems known as SCR 602s.

After 1945-6, the Camp Callan buildings were torn down and the lumber was sold to build housing for veterans, churches, and other structures.

There will be no NDS in December. We will start again January 25 at 10:30, when Jane Barger will present “Whales.”

Thank you, Nancy!

by Lillian Lachicotte

The Docent Society is enormously grateful for Nancy Woodworth's 17 (!) years of Museum Shop leadership. All who worked with her on her committee were in admiration of her clear vision of the mission of the shop. Her focus was to carry items that had to do with nature and what she thought would sell ... and sell they did! Each of the years she was in charge, the coffers of the Docent Society increased exponentially. Nancy also had the knack of forming friendships with business contacts who would give her tips on what was going on sale and new items that would be offered.

Nancy was always open to new procedures to accomplish a task and welcomed the new POS (point of sale) system and other changes that were implemented from time to time during her tenure. She was eager to enhance the sales process and make the operation move smoothly and easily.

Her gratefulness to those who helped on her committee was boundless. Nancy involved many docents in the running of the shop and the shared responsibility created a feeling of warm friendship. Those who worked with her felt valued and appreciated and were happy to be on her team.

Many thanks, Nancy, for your years at the helm of the shop. We are so very appreciative for all your hard work and amazing accomplishments.



More Tributes to Nancy:

Nancy has had to stay close to home because of some restrictions ... but, being the Nature Lover that she is, she is bringing nature to her. She and her husband have become expert milkweed propagators. Many Monarch Butterflies are congregating on their multiple milkweed plants, and Nancy is becoming an expert on the plants and the butterflies.

-- Arline Paa

The other day Nancy and I had fun talking about the good old days, in the early 2000's, doing desk duty at the Lodge, when the cash register was basically just a box -- there was no drawer that shot out when you pressed a button!

Nancy took an early interest in the "Bookstore," as it was called back then, because books were mainly what we sold, in addition to Mat Cards, Joan Miale's jewelry and my own photo cards.

As a result of Nancy's many road trips to Colorado to visit her son and his family, during which she stopped at many state parks and museum stores, she came back with interesting souvenirs and new ideas for the store.

When my rights as a docent to sell cards came into question, Nancy knew the solution: Docents were to be considered an outside source rather than docents for the purpose of selling their items at the store. And as a result of this diversification, the Bookstore became the Museum Shop - and it grew and grew. Today, its revenue supports many important activities at Torrey Pines. Thank you, Nancy!

-- Eva Armi



Membership Reminder

by Lynne Truong

This is a reminder that to maintain active membership in the Torrey Pines Docent Society, you will need to log 84 hours of service and pay your \$25 dues by December 31.

Please make checks payable to TPDS and leave them in the Membership or Treasurer mailbox or mail to P.O. Box 2414, Del Mar, CA 92014. Cash can be paid in person to the Treasurer **Gerry Lawrence**, or Membership Chair **Lynne Truong**.

If you will not be completing your 84 hours by December 31 and would like to remain with the Docent Society for another chance to fulfill your hours in 2020, please fill out the Associate Membership Request Form* and submit it to membership@torreypine.org. With the board's approval and paying your Associate Membership dues (\$25), a 2020 parking pass will be granted.

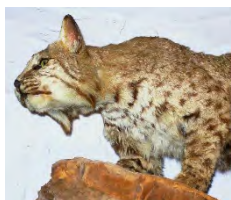
If you are not interested in volunteering but would like to support the Docent Society, the Friends Membership dues of \$25 will let you participate in special events and general meetings.

Docents who have been active in the Society for 10 years will be granted Lifetime Membership, which includes a gold color Lifetime Membership name tag and a Lifetime parking pass. No dues or minimum service hours are required. However, your membership dues are gratefully accepted as a donation and the service hours you log will help State Parks and the TPDS Board activity monitoring.

If you've changed your email or phone number, please send the change request to membership@gmail.com to update your information on next year's printed membership roster.

*[Click here](#) for the link to the Associate Membership Request Form

[Editors' note: Please pay your dues (\$25) before December 31. This makes the work of our membership chair easier.]



Torrey Pines Book Club

When: Tuesday, December 10, 1:00 pm

Where: Molly McConnell's home in Normal Heights

What: *The Girl Who Drew Butterflies: How Maria Merian's Art Changed Science* by Joyce Sidman **or** *Chrysalis: Maria Sibylla Merian and the Secrets of Metamorphosis* by Kim Todd

Or you can Google Maria Merian to find several other books you may choose instead.

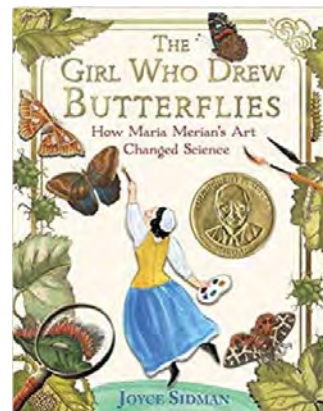
For the Sidman book, Amazon says:

Bugs, of all kinds, were considered to be "born of mud" and to be "beasts of the devil." Why would anyone, let alone a girl, want to study and observe them?

One of the first naturalists to observe live insects directly, Maria Sibylla Merian was also one of the first to document the metamorphosis of the butterfly. In this visual nonfiction biography, richly illustrated throughout with full-color original paintings by Merian herself, the Newbery Honor-winning author Joyce Sidman paints her own picture of one of the first female entomologists and a woman who flouted convention in the pursuit of knowledge and her passion for insects.

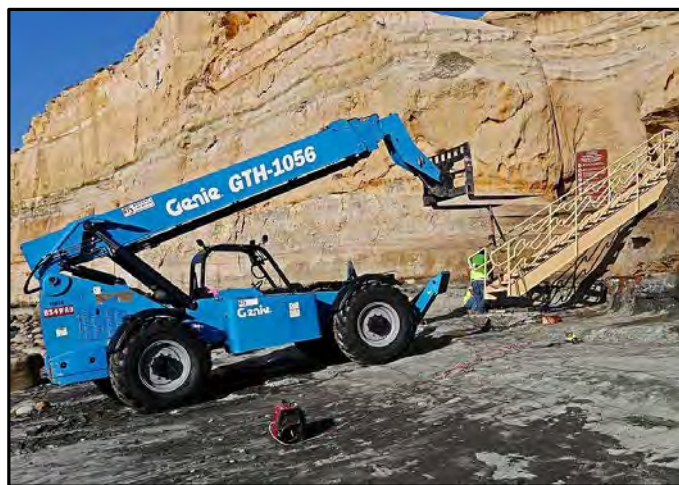
All TPDS docents are welcome. Meetings usually last a couple of hours. RSVP to Molly McConnell if you plan to attend. (Check Member List for email or phone number.)

January 14: *The Ballad of Huck and Miguel* by Tim DeRoche and Daniel Gonzalez



Late Breaking News from Herb Knüfken:

Beach stairs going back in by November 26!



Bird of the Month: Yellow-rumped Warbler

by Jack Friery; photo by Herb Knüfken

Our featured bird this month is the **Yellow-rumped Warbler**, *Setophaga coronata*. We see this tiny but exuberant bird at the Reserve only in winter, when it has molted from its summer black, yellow, charcoal gray, and white plumage into a drab, streaky gray cloak. But, at any season, our Yellow-rump has a very conspicuous bright yellow “taillight,” as seen in the accompanying photo.

Watch (and listen) for this bird foraging in outer tree canopies, but also fly-catching and feeding on lawns. Its sound is a loud chip-note. Despite its diminutive size (about five inches long and weighing only half an ounce), the bird is plentiful and conspicuous in winter. One estimate has its global breeding population at about 130 million birds.

The Yellow-rumped warbler’s generic name, *Setophaga*, is a combination of two Greek words: *setos*, meaning a moth, and *phago*, to eat.

Sources: allaboutbirds.org/guide/Yellow-rumped_Warbler/overview

Choate, [The Dictionary of American Bird Names](http://TheDictionaryofAmericanBirdNames)

en.wikipedia.org/wiki/Setophaga



Torrey Pines Docent Society Bird Survey: November 2019

Number of species: 82
(+3 other taxa)

Blue-winged Teal 4
American Wigeon 10
Mallard 6
Northern Pintail 17
Bufflehead 4
Eared Grebe 1
Western Grebe 250
Eurasian Collared-Dove 1
Mourning Dove 26
Anna's Hummingbird 27
Allen's Hummingbird 7
hummingbird sp. 6
American Coot 7
Black-bellied Plover 6
Snowy Plover 4
Semipalmated Plover 2
Killdeer 14
Whimbrel 2
Long-billed Curlew 6
Marbled Godwit 2
Sanderling 9
Least Sandpiper 1

Western Sandpiper 2
Willet 8
Heermann's Gull 75
Ring-billed Gull 8
Western Gull 8
California Gull 60
gull sp. 5
Royal Tern 17
Common Loon 1
Black-vented Shearwater 100
Double-crested Cormorant 12
Brown Pelican 25
Great Blue Heron 3
Great Egret 2
Snowy Egret 2
Turkey Vulture 1
White-tailed Kite 1
Northern Harrier 2
Sharp-shinned Hawk 1
Cooper's Hawk 4
Red-tailed Hawk 8
Belted Kingfisher 2
Downy Woodpecker 1
Nuttall's Woodpecker 5
Northern Flicker 1
American Kestrel 11

Merlin 2
Peregrine Falcon 4
Black Phoebe 16
Say's Phoebe 5
Cassin's Kingbird 8
Hutton's Vireo 1
California Scrub-Jay 8
American Crow 35
Common Raven 28
Bushtit 75
Wrentit 1
Ruby-crowned Kinglet 8
Blue-gray Gnatcatcher 2
California Gnatcatcher 20
House Wren 14
Bewick's Wren 7
wren sp. 2
California Thrasher 8
Northern Mockingbird 1
Hermit Thrush 4
Cedar Waxwing 18
Scaly-breasted Munia 5
House Finch 35
Lesser Goldfinch 27
Dark-eyed Junco 1
White-crowned Sparrow 46

Savannah Sparrow 5
Song Sparrow 21
Lincoln's Sparrow 1
California Towhee 57
Green-tailed Towhee 1
Spotted Towhee 16
Western Meadowlark 1
Red-winged Blackbird 22
Orange-crowned Warbler 15
Common Yellowthroat 16
Yellow-rumped Warbler 147

Observers: Eva Armi, Andy Rathbone, Marty Hales, Steve Neal, Herb Knüfken, Jack Friery, Kathy Dickey, Gary Grantham, Karen Turner, Manolo Turner, David Walker, Tsaiwei Olee, Sunil Bhavsky, Bob Glaser, Deborah Walker, Molly McConnell, and Anonymous

View this checklist online at ebird.org/checklist/S61364836

Herb Knüfken's amazing photo gallery, including many birds, may be found here: pbase.com/herb1rm



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